

# SOUTHINGTON CALENDAR HOUSE SENIOR CENTER—OCTOBER 2025 MENU

Menu items subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>RW Solutions Serving</b> Suggested Donation \$3 <b>up to 25 diners max—</b> pay \$5.50 for private pay meal after limit is reached.	<b>RW Solutions Serving</b> Suggested Donation \$3 <b>up to 25 diners max—</b> pay \$5.50 for private pay meal after limit is reached.	<b>Bread For Life Serving</b> Suggested Donation \$3 <b>Up to</b> <b>25 diners max</b>	<b>Bread For Life Serving</b> Suggested Donation \$3 <b>Up to</b> <b>25 diners max</b>	<b>RW Solutions Serving</b> Suggested Donation \$3 <b>up to 25 diners max—</b> pay \$5.50 for private pay meal after limit is reached.
<b>Food Allergy Warning:</b> <b>Please be advised that our food may have</b> <b>come in contact with or may contain wheat,</b> <b>peanuts, tree nuts, fish, shellfish, egg, milk,</b> <b>soy, sesame, or gluten.</b>				
6 Chicken Parmesan, Ziti w/Tomato Sauce, Broccoli, Garlic Bread, Applesauce, 1% or Skim Milk	7 Taco Mix, Yellow Rice, Salsa & Sour Cream, Shredded Lettuce and Shredded Cheese, Tortilla Chips, Pineapple, 1% or Skim Milk	8 Stuffed Peppers, Salad, Bread, Fruit, Chilled Water	9 Hot Dogs, Beans, Fries, Dessert, Chilled Water	10 Breaded Pork Chop w/ Country Gravy, Corn and Black Beans, Spinach and Kale, Corn Bread, Watermelon, 1% or Skim Milk
13 <b>CENTER</b> <b>CLOSED FOR</b> <b>COLUMBUS DAY</b>	14 Southern Chicken Stew, Meadow Blend Veggies, Biscuit, Cookies, 1% or Skim Milk	15 Tuna Salad, Roll, Lettuce, Tomato, Soup, Fruit, Chilled Water	16 Chicken Cordon Bleu, Veggies, Scalloped Potatoes, Chilled Water	17 Cobb Salad w/Diced Chicken, Egg, Cheese and Bacon, Beets, Ranch Dressing, Pineapple, 1% or Skim Milk
20 Grilled Chicken Breast w/ Marsala Sauce, Buttered Ziti, Italian Blend Veggies, Garlic Bread, Peaches, 1% or Skim Milk	21 American Chop Suey, Zucchini, Italian Bread, Mango, Pineapple, 1% or Skim Milk	22 Chicken Pot Pie, Dessert, Chilled Water	23 Quiche w/Cheese, Veggies and Onions, Dessert, Chilled Water	24 Escarole Bean Soup, Unsalted Crackers, Fish Fillet, Confetti Rice, California Blend Veggies, Wheat Roll, Apple, 1% or Skim Milk
27 Hamburger, Baked Beans, Mixed Veggies, Hamburger Bun, Cookies, 1% or Skim Milk	28 Chicken Strips w/Honey Mustard Sauce, Sesame Noodles, Asian Blend Veggies, Hawaiian Roll, Mandarins, 1% or Skim Milk	29 Salad w/Chicken, Egg and Veggies, Dessert, Chilled Water	30 Chili Over Rice w/ Cheese, Fruit, Chilled Water	31 Squirring Spaghetti w/ Monstrous Meatballs, Haunting Italian Vegetables, Dastardly Dinner Roll, Chilling Apple, 1% or Skim Milk