Southington Calendar House Senior Center-November 2026 Menu

Menu items subject to change.

MONDAY **RW Solutions Serving** Suggested Donation $3	TUESDAY **RW Solutions Serving** Suggested Donation $3	WEDNESDAY **Bread for Life Serving** Suggested Donation $3 **Up to 33 diners max**	THURSDAY **Bread for Life Serving** Suggested Donation $3 **Up to 33 diners max**	FRIDAY **RW Solutions Serving** Suggested Donation $3
2 Stuffed Shells with Marinara Sauce, Spinach, Garlic Bread, Cookies, 1% Milk or Skim Milk	**3** Pork Chopette, Sweet Potato, Spinach, Rye Bread, Pineapple Mango Mix, 1% Milk or Skim Milk	**4** Rosemary Chicken, Rice, Carrots, Fruit, Chilled Water	**5** Meatloaf, Mashed Potatoes, Green Beans, Roll, Dessert, Chilled Water	**6** Pot Roast with Low Sodium Gravy, Baked Potato, Peas and Pearl Onions, Dinner Roll, Fruited Yogurt, 1% Milk or Skim Milk
9 Orange Juice, Egg Bake with Peppers and Mushrooms, Sausage Link, French Toast, Maple Syrup, Yogurt, 1% Milk or Skim Milk	**10** Swedish Meatballs, Buttered Noodles, Meadow Blend Vegetables, White Dinner Roll, Clementine, 1% Milk or Skim Milk	**11** **CENTER CLOSED** 	**12** Chicken Parmesan, Spaghetti, Salad, Garlic Bread, Dessert, Chilled Water	**13** Italian Wedding Soup, Unsalted Crackers, Garlic Butter, Pork Loin, Macaroni and Cheese, Brussel Sprouts, Corn Bread, Cookies, 1% Milk or Skim Milk
16 Ravioli Florentine with Cream sauce, Italian Peas, Italian Bread, Mandarins, 1% Milk or Skim Milk	**17** Orange Chicken, Brown Rice, Oriental Blend Vegetables, Fortune Cookie, Multigrain Bread, Pineapple, 1% Milk or Skim Milk	**18** Pork with Gravy, Mashed Potatoes, Vegetable, Fruit, Chilled Water	**19** Turkey with Stuffing, Sweet Potatoes, Green Beans, Cranberry Sauce, Dessert, Chilled Water	**20** Shepherd's Pie, Peas and Carrots, Wheat Bread, Pudding, 1% Milk or Skim Milk
23 Chicken Marsala, Buttered Noodles, Brussel Sprouts, Wheat Bread, Cookies, 1% Milk or Skim Milk	**24** Meatball Sub with Marinara Sauce and Parmesan Cheese, Tater Tots, Broccoli, Sub Roll, Applesauce, 1% Milk or Skim Milk	**25** Baked Fish, Black Beans, Coleslaw, Rice, Tortilla, Fruit, Chilled Water	**26** **CENTER CLOSED** 	**27** **CENTER CLOSED**
30 Lasagna Rolette with Marinara Sauce and Mozzarella, Brussel Sprouts, Garlic Bread, Cookies, 1% Milk or Skim Milk				
				

Food Allergy Warning:
Please be advised that our food may have come in contact with or may contain wheat, peanuts, tree nuts, fish, shellfish, egg, milk, soy, sesame, or gluten.

SOUTHINGTON CALENDAR HOUSE SENIOR CENTER
Nutrition Program Ordering Information
(See other side for menu)

Due to federal funding cuts there have been changes to the Nutrition Program provided by RW Solutions at the Southington Calendar House Senior Center.

RW Solutions now serves lunch 3 days per week on Monday, Tuesday and Friday. Southington Bread For Life serves meals at Calendar House two days per week on Wednesday and Thursday. Meals for both programs must be pre-ordered and will be served at noon. See below for details on how to order from each program.

RW Solutions — Serving Monday, Tuesday and Friday. Meals are limited to individuals age 60+. A completed form-5 from the State of CT Department of Social Services/Elderly Division is required to participate. Please see the Café Manager on duty for a form. A donation of $3.00 per meal is suggested. Meals must be ordered by Tuesday at noon for Friday and for the following Monday and Tuesday. See the Café Manager or call 860-621-6738 to order or cancel a meal.

Bread For Life — Serving Wednesday and Thursday. Please order meals by Friday at noon for the following Wednesday and Thursday at the Calendar House front desk or by calling 860-621-3014. There is a daily limit of 33 meals. A suggested donation of $3 to Southington Bread For Life will be accepted when you receive your meal.

Monthly menus are available in the Calendar House Café area, the Calendar House office or on-line by visiting www.calendarhouse.org