

SOUTHINGTON CALENDAR HOUSE SENIOR CENTER—NOVEMBER 2025 MENU

Menu items subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
RW Solutions Serving Suggested Donation \$3 up to 25 diners max— pay \$5.50 for private pay meal after limit is reached.	RW Solutions Serving Suggested Donation \$3 up to 25 diners max— pay \$5.50 for private pay meal after limit is reached.	Bread For Life Serving Suggested Donation \$3 Up to 30 diners max	Bread For Life Serving Suggested Donation \$3 Up to 30 diners max	RW Solutions Serving Suggested Donation \$3 up to 25 diners max— pay \$5.50 for private pay meal after limit is reached.
3 Lasagna Rolette, Marinara Sauce, Veggies, Garlic Bread, Cookies, 1% or Skim Milk	4 Pork Chopette, Sweet Potato, Spinach, Rye Bread, Pineapple Mango, 1% or Skim Milk	5 Chicken Sandwich, Vegetable, Dessert, Chilled Water	6 Pasta and Meatballs, Fruit, Chilled Water	7 Pot Roast, Low Salt Gravy, Baked Potato, Peas/Pearl Onions, Dinner Roll, Fruit Yogurt, 1% or Skim Milk
10 Fish Filet, Herb Couscous, Zucchini/Tomato, Rye Bread, Tropical Fruit, 1% or Skim Milk	11  CENTER CLOSED FOR VETERANS DAY	12 Ham, Scalloped Potatoes, Broccoli, Dessert, Chilled Water	13 Tuna Sandwich, Soup, Fruit, Chilled Water	14 Soup, Crackers, Pork Loin, Mac & Cheese, Brussel Sprouts, Corn Bread, Cookies, 1% or Skim Milk
17 Ravioli, Cream Sauce, Peas, Italian Bread, Mandarins, 1% or Skim Milk	18 RW Lunch Canceled Sign up for a Bread For Life bagged lunch at the Calendar House front desk!	19 Meatloaf, Mashed Potatoes, Vegetable, Dessert, Chilled Water	20 Egg Salad, Fruit, Chilled Water	21 Shepherd's Pie, Peas & Carrots, Bread, Pudding, 1% or Skim Milk
24 Chicken Marsala, Noodles, Brussel Sprouts, Bread, Cookies, 1% or Skim Milk	25 Fish Taco, Black Bean & Mango Salad, Cilantro Lime Coleslaw, Flour Tortilla, 1% or Skim Milk	26 Turkey Lunch, Dessert, Chilled Water	27 CENTER CLOSED FOR THANKSGIVING	28  <i>Happy Thanksgiving Day</i>

Food Allergy Warning:

Please be advised that our food may have come in contact with or may contain wheat, peanuts, tree nuts, fish, shellfish, egg, milk, soy, sesame, or gluten.