



RW Solutions Senior Community Café

Southington Calendar House Senior Center

February, 2025

1% milk provided
Margarine available

MENU ITEMS SUBJECT TO CHANGE		To Order: 860-621-6738		* SUGGESTED DONATION \$3.00	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
3 Chili Mac Cauliflower Wheat Bread Nilla Wafers	4 Grilled Chicken Breast Au Gratin Potatoes Broccoli White Bread Fruit Cup	5 Stuffed Shells LS Marinara Sauce Spinach Whole Wheat Bread Pineapple	6 Fish Filet Brown Rice Pilaf California Blend Veggies Rye Bread Banana	7 Tomato Florentine Soup LS Crackers Pot Roast LS Gravy Mashed Potatoes Brussel Sprouts Oatnut Bread Yogurt	
10 Diced Chicken Broccoli Casserole Buttered Carrots Wheat Bread Fresh Orange	11 Fish Filet Sweet Potato Wedges Coleslaw Hamburger Roll Pears	12 Shepherd's Pie Green Beans & Mushrooms Corn Muffin Oatmeal Bar	13 Corn Chowder LS Crackers Pork Loin Baked Beans Broccoli Wheat Bread Applesauce	14 Valentine's Special Chicken Florentine Herbed Orzo Garlic & Lemon Spinach  Dinner Roll Strawberry Jell-O with Whipped Topping	
17 CLOSED  CLOSED	18 Taco Mix Yellow Rice Fiesta Corn Shredded Lettuce Shredded Cheese Sour Cream/Salsa Tortilla Chips Pineapple	19 Chicken Parmesan Penne Pasta Italian Blend Veg Dinner Roll Choc Chip Cookie	20 Sloppy Joe Sweet Potato Fries Brussel Sprouts Hotdog Roll Fruit Cup	21 Chicken Noodle Soup LS Crackers Ravioli LS Cream Sauce Broccoli & Red Pepper Wheat Bread Fresh Fruit	
24 American Chop Suey Green Beans Corn Muffin Tropical Fruit	25 Fish Filet Corn Red Pepper Salad Cilantro Lime Coleslaw Tortilla Pineapple	26 Diced Chicken Alfredo Buttered Egg Noodles Broccoli  Oatnut Bread Birthday Cake	27 Hearty Veggie Soup LS Crackers Pork Riblet Mashed Sweet Potato Cauliflower and Red Pepper White Bread Fresh Fruit	28 Homemade Meatloaf LS Gravy Red Bliss Potatoes Brussel Spouts Dinner Roll Pudding	

February 2nd - Did he see his shadow?



***There is currently a daily limit of 15 meals at the suggested donation of \$3. Once the limit of 15 has been reached, private pay meals can be ordered at a cost of \$5.50 each.**

FOOD ALLERGY WARNING: Please be advised that our food may have come in contact or may contain peanuts, tree nuts, soy, milk, eggs, wheat, shellfish, or fish. Please advise a staff member of any food allergies prior to consumption of meals. Thank you!