

# SOUTHINGTON CALENDAR HOUSE SENIOR CENTER—June 2026 MENU

Menu items subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>RW Solutions Serving</b> Suggested Donation \$3 <b>up to 25 diners max—</b> pay \$5.50 for private pay meal after limit is reached.	<b>RW Solutions Serving</b> Suggested Donation \$3 <b>up to 25 diners max—</b> pay \$5.50 for private pay meal after limit is reached.	<b>Bread For Life Serving</b> Suggested Donation \$3 <b>Up to</b> <b>30 diners max</b> 	<b>Bread For Life Serving</b> Suggested Donation \$3 <b>Up to</b> <b>30 diners max</b> 	<b>RW Solutions Serving</b> Suggested Donation \$3 <b>up to 25 diners max—</b> pay \$5.50 for private pay meal after limit is reached.
1 Grilled Chicken with Marsala Sauce, Buttered Noodles, Roasted Maple Brussel Sprouts, White Bread, Pudding, 1% or Skim Milk	2 Sweet and Sour Meatballs, Stir Fried Rice, Asian Blend Veggies, Fortune Cookie, Tropical Fruit, 1% or Skim Milk	3 Breakfast Day Surprise, Dessert, Chilled Water	4 Fish Sandwiches, Tartar Sauce, Fruit, Chilled Water	5 Roast Turkey with Low Sodium Gravy, Stuffing, Cauliflower Supreme, Oatnut Bread, Mixed Fruit, 1% or Skim Milk
8 Pork Chopette with Low Sodium Sage Gravy, Mashed Potatoes, Green Beans, White Bread, Peaches, 1% or Skim Milk	9 Swedish Meatballs, Egg Noodles, Peas and Carrots, Oatmeal Bread, Applesauce, 1% or SkimMilk	10 Chicken Sandwich, Lettuce, Tomato, Potatoes, Vegetable, Fruit, Chilled Water	11 Pasta, Meatballs, Dessert, Chilled Water	12 Roast Chicken, Potato Wedges, Herbed Carrots, Whole Wheat Roll, Applesauce, 1% or Skim Milk
15 Orange Juice, Red Pepper Omelet , Turkey Sausage Link, French Toast Sticks, Syrup, Fresh Apple, 1% or Skim Milk	16 Macaroni and Cheese, Stewed Tomatoes, Oatnut Bread, Cookies, 1% or Skim Milk	17 Pork Chops, Rice, Vegetable, Dessert, Chilled Water	18 Baked Chicken, Stuffing, Salad, Garlic Bread, Fruit, Chilled Water	19 <b>NO LUNCH SERVED</b> <b>JUNTEENTH</b> <b>RW IS CLOSED</b>
22 Pineapple Chicken Stir Fry, Brown Rice, Asian Blend Veggies, Hawaiian Roll, Fresh Mandarin, 1% or Skim Milk	23 Fish Filet, Lemon Orzo, Diced Butternut Squash, Tartar Sauce, Wheat Bread, Brownie, 1% or Skim Milk	24 Country Fried Steak, Potatoes, Vegetable, Fruit, Chilled Water	25 Chicken Salad on a Bed of Lettuce, Dessert, Chilled Water	26 Tuna Fish Salad with Onion and Celery over a Bed of Lettuce, Seasoned 3 Bean Salad, Tomato and Cucumber Salad, Oatmeal Bread, Cookies, 1% or Skim Milk
29 Sloppy Joe, Potato Wedges, Spinach, Dinner Roll, Cookies, 1% or Skim Milk	30 BBQ Riblet, Au Gratin Potatoes, California Blend Veggies, Corn Muffin, Pears, 1% or Skim Milk		<b>Food Allergy Warning:</b> <b>Please be advised that our food may have come</b> <b>in contact with or may contain wheat, peanuts,</b> <b>tree nuts, fish, shellfish, egg, milk, soy, sesame,</b> <b>or gluten.</b>	

# SOUTHINGTON CALENDAR HOUSE SENIOR CENTER

## Nutrition Program Ordering Information

**(See other side for menu)**

Due to federal funding cuts there have been changes to the Nutrition Program provided by RW Solutions at the Southington Calendar House Senior Center.

**RW Solutions** now serves lunch 3 days per week on Monday, Tuesday and Friday. **Southington Bread For Life** serves meals at Calendar House two days per week on Wednesday and Thursday. Meals for both programs must be pre-ordered and will be served at noon. See below for details on how to order from each program.

**RW Solutions** — Serving Monday, Tuesday and Friday. Meals are limited to individuals age 60+. A completed form-5 from the State of CT Department of Social Services/Elderly Division is required to participate. Please see the Café Manager on duty for a form. A donation of \$3.00 per meal is suggested. Meals must be ordered by Tuesday at noon for Friday and for the following Monday and Tuesday. See the Café Manager or call 860-621-6738 to order or cancel a meal. **There is a daily limit of 25 meals.** Once that limit is reached, a private pay meal may be ordered at a cost of \$5.50, payable at the time of order. Refunds will not be made for the cancellation of private pay meals.

**Bread For Life** — Serving Wednesday and Thursday. Please order meals by Friday at noon for the following Wednesday and Thursday at the Calendar House front desk or by calling 860-621-3014. **There is a daily limit of 30 meals.** A suggested donation of \$3 to **Southington Bread For Life** will be accepted when you receive your meal.

Monthly menus are available in the Calendar House Café area, the Calendar House office or on-line by visiting [www.calendarhouse.org](http://www.calendarhouse.org).