



RW Solutions Senior Community Café

February, 2026

1% milk provided
Margarine available

MENU ITEMS SUBJECT TO CHANGE

SUGGESTED DONATION \$3.00

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---------------|---------------|--|
| <div>2</div> <p>American Chop Suey Green Beans</p> <p>Light White Bread</p> <p>Cookies</p> | <div>3</div> <p>Fish Filet Corn Pepper Salad Spinach</p> <p>Wheat Bread</p> <p>Fruit Cup</p> | <div>4</div> | <div>5</div> | <div>6</div> <p>Meatloaf with LS Gravy Red Bliss Potato Brussel Sprouts</p> <p>Dinner Roll</p> <p>Cookies</p> |
| <div>9</div> <p>Diced Grilled Chicken Confetti Rice Peppers and Onions</p> <p>Light White Bread</p> <p>Tropical Fruit</p> | <div>10</div> <p>Hamburger Sweet Potato Peas and Pearl Onions</p> <p>Hamburger Bun</p> <p>Clementine</p> | <div>11</div> | <div>12</div> | <div>13</div> <p>Spaghetti with LS Meat Sauce Italian Blend Veggies</p> <p> Garlic Bread</p> <p>Cookies</p> |
| <div>16</div> <p>CENTER CLOSED</p> <p></p> | <div>17</div> <p>Grilled Chicken Breast with Lemon Garlic Butter Sauce Couscous Broccoli</p> <p>Multigrain Bread</p> <p>Pineapple</p> | <div>18</div> | <div>19</div> | <div>20</div> <p>Pot Roast with LS Mushroom Gravy Mashed Potato Brussel Sprouts</p> <p>Wheat Roll</p> <p>Pudding</p> |
| <div>23</div> <p>Diced Chicken and Broccoli Casserole Buttered Carrots</p> <p>Wheat Bread</p> <p>Cookies</p> | <div>24</div> <p>Fish Filet Sweet Potato Fries Winter Blend Veggies</p> <p>Dinner Roll</p> <p>Peaches</p> | <div>25</div> | <div>26</div> | <div>27</div> <p>Chicken Florentine Herbed Orzo Garlic Lemon Spinach</p> <p>Rye Bread</p> <p>Clementine</p> |

February 2nd - Did he see his shadow?



FOOD ALLERGY WARNING: Please be advised that our food may have come in contact or may contain peanuts, tree nuts, soy, milk, eggs, wheat, shellfish, or fish. Please advise a staff member of any food allergies prior to consumption of meals. Thank you!