

SOUTHINGTON CALENDAR HOUSE SENIOR CENTER—APRIL 2026 MENU

Menu items subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
RW Solutions Serving Suggested Donation \$3 up to 25 diners max— pay \$5.50 for private pay meal after limit is reached.	RW Solutions Serving Suggested Donation \$3 up to 25 diners max— pay \$5.50 for private pay meal after limit is reached.	Bread For Life Serving Suggested Donation \$3 Up to 30 diners max 	Bread For Life Serving Suggested Donation \$3 Up to 30 diners max 	RW Solutions Serving Suggested Donation \$3 up to 25 diners max— pay \$5.50 for private pay meal after limit is reached.
Food Allergy Warning: Please be advised that our food may have come in contact with or may contain wheat, peanuts, tree nuts, fish, shellfish, egg, milk, soy, sesame, or gluten.		1 Stuffed Shells, Salad, Bread, Fruit, Chilled Water	2 Ham, Sweet Potatoes, Vegetable, Dessert, Chilled Water	3 GOOD FRIDAY CENTER CLOSED 
6 Meatballs with Orange Sauce, Brown Rice, Meadow Blend Veggies, White Dinner Roll, Pineapple, 1% or Skim Milk	7 BBQ Chicken, Macaroni and Cheese, Carrots, White Bread, Pudding, 1% or Skim Milk	8 Fish, Rice, Vegetables, Fruit, Chilled Water	9 Quiche, Waffles, Dessert, Chilled Water	10 Hearty Vegetable Soup, Unsalted Crackers, Lasagna with Marinara Sauce, Winter Blend Veggies, Italian Bread, Birthday Cake, 1% or Skim Milk
13 Pork Chopette with Apple Gravy, Buttered Egg Noodles, Harvard Beets, Multigrain Bread, Applesauce, 1% or Skim Milk	14 Grilled Chicken with Lemon Butter Sauce, Diced Butternut Squash, Mixed Vegetables, Multigrain Bread, Cookies, 1% or Skim Milk	15 Chicken Fried Steak, Gravy, Mashed Potatoes, Vegetable, Fruit, Chilled Water	16 Turkey, Stuffing, Vegetable, Dessert, Chilled Water	17 Tomato Florentine Soup, Unsalted Crackers, Fish Filet, Buttered Orzo, Peas and Carrots, Rye Bread, Peaches, 1% or Skim Milk
20 Bruschetta Chicken, White Rice, Garlic Green Beans, Italian Bread, Tropical Fruit, 1% or Skim Milk	21 Grape Juice, Taco Mix, Yellow Rice, Black Bean, Corn and Mango Salad, Flour Tortilla, Peaches, 1% or Skim Milk	22 Egg Salad Sandwiches, Lettuce, Chips, Fruit, Chilled Water	23 Chicken Cacciatore, Pasta, Vegetable, Chilled Water	24 Orange Juice, Three Bean Vegetarian Chili with Diced Sweet Potato, Brown Rice, Spinach, Cornbread, Oreos, 1% or Skim Milk
27 Ravioli with Marinara Sauce, Zucchini, Italian Bread, Fresh Clementine, 1% or Skim Milk	28 Meatballs with Low LS Gravy, Herbed Couscous, Geneva Blend Veggies, Dinner Roll, Pears, 1% or Skim Milk	29 BBQ Chicken, Pasta Salad, Vegetable, Fruit, Chilled Water	30 Hamburgers, Buns, French Fries, Salad, Baked Beans, Dessert, Chilled Water	

SOUTHINGTON CALENDAR HOUSE SENIOR CENTER

Nutrition Program Ordering Information

(See other side for menu)

Due to federal funding cuts there have been changes to the Nutrition Program provided by RW Solutions at the Southington Calendar House Senior Center.

RW Solutions now serves lunch 3 days per week on Monday, Tuesday and Friday. **Southington Bread For Life** serves meals at Calendar House two days per week on Wednesday and Thursday. Meals for both programs must be pre-ordered and will be served at noon. See below for details on how to order from each program.

RW Solutions — Serving Monday, Tuesday and Friday. Meals are limited to individuals age 60+. A completed form-5 from the State of CT Department of Social Services/Elderly Division is required to participate. Please see the Café Manager on duty for a form. A donation of \$3.00 per meal is suggested. Meals must be ordered by Tuesday at noon for Friday and for the following Monday and Tuesday. See the Café Manager or call 860-621-6738 to order or cancel a meal. **There is a daily limit of 25 meals.** Once that limit is reached, a private pay meal may be ordered at a cost of \$5.50, payable at the time of order. Refunds will not be made for the cancellation of private pay meals.

Bread For Life — Serving Wednesday and Thursday. Please order meals by Friday at noon for the following Wednesday and Thursday at the Calendar House front desk or by calling 860-621-3014. **There is a daily limit of 30 meals.** A suggested donation of \$3 to **Southington Bread For Life** will be accepted when you receive your meal.

Monthly menus are available in the Calendar House Café area, the Calendar House office or on-line by visiting www.calendarhouse.org.