

Active Lifestyles

CALENDAR HOUSE OF SOUTHINGTON



NOVEMBER 2025

NEWSLETTER



FROM THE STAFF...

The 2025 Calendar House Golf League enjoyed a record number of members this season. 68 Calendar House members played golf for 18 weeks followed by the traditional Dan Rabatin Memorial Golf Tournament and our year-end get-together at Hawks Landing Golf Course.

The goal of the league is to provide an organized, fun and mildly competitive league to play golf, meet new people, enjoy the great outdoors and get some exercise.

It was a very successful year and a good time was had by all.

Now the league has a smaller spin-off group of players playing Fall Golf where the weather will be crisp and clear. We'll play as long as we can. See you next year. Be safe and stay healthy.

There are many things that we can be thankful for this season. We want to thank you for donating to the Membership Association through our No-Bake Bake Sale. It is our largest fundraiser that helps us bring so much to you, our members.

Our Holiday Party at the Aqua Turf Club is coming up on Thursday, December 4th. Tickets will be available until November 20th. They are available at the front desk for \$42pp. Read the inside pages for more information on that and so much more!

- The Calendar House Staff

Please note: Active Lifestyles is available at Calendar House, Town Hall, the Municipal Center, Library and Senior Housing sites. It is also available at the calendarhouse.org website. To subscribe, please go to: www.mycommunityonline.com and type "Calendar House" near "Southington"; Click "latest newsletter" and "subscribe"; fill in your e-mail and name and you're all set!



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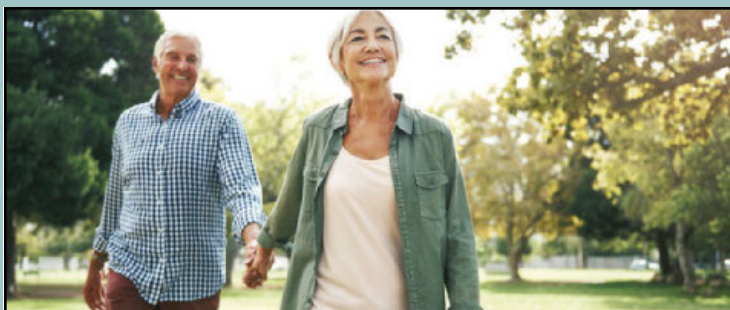
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Calendar House - Southington, CT

06-5315

Welcome to Calendar House!!

Calendar House Mission Statement:

Calendar House, the Town of Southington's Senior Center is a multipurpose facility which provides a focal point in the community for residents 55 and older, and residents aged 18 and older, who are disabled, as defined by Social Security standards.

The Center's purpose is to serve as a resource center, providing a broad range of services and activities to meet the diverse social, physical and intellectual needs of older adults and disabled individuals.

This facility is unique in that our members and staff are encouraged to help implement various activities to reinforce positive attitudes and preserve individual dignity.

In pursuing its mission, this Center shall enhance an atmosphere of compassion, equality and mutual concern for all older adults and disabled individuals.



AARP Smart Driver

Friday, December 12th from 9am- 1pm

Learn ways to adjust for aging and health related driving issues. CT specific information is covered. \$20 for AARP Members; \$25 for Non AARP Members. Cash or check payable to AARP collected by instructor prior to start of class. Class sizes are limited. Call 860-621-3014 to register. An on-line course is also available. To register for online course visit: <https://www.aarpdriversafety.org/>

MEMBERSHIP

MEETING

Featuring

Judy Pancoast



November 20, 2025 at 1:00pm

Judy is a singer, Grammy-nominated songwriter, performer and author, and is described as effervescent, energetic and entertaining. Judy radiates joy in her music! She entertains seniors in the "Piano Lounge" with hits from the 1960's and 1970's, plus standards, show tunes and original songs. She is popularly known for her hit song, "The House on Christmas Street" which is heard all over the world during the Christmas season. Her performance certainly energizes her audience and will have you smiling and singing along!

Our community partner, Raymond Senior Planning will provide delicious cake for you to enjoy as well!

Register at the front desk, by calling 860-621-3014 or online by Tuesday, November 18th.



In Memoriam

Donations in memory or in honor of a friend or relative may be made to the Calendar House Memorial Fund and are gratefully accepted.

CEAP

CONNECTICUT ENERGY ASSISTANCE PROGRAM

Calendar House will begin processing applications for the CT Energy Assistance Program (CEAP) for households that heat with deliverable fuel (oil or propane) on October 14th and November 17th for households that heat with Eversource (electric or gas). Income guidelines: \$47,764 for a single individual and \$62,460 for a couple. There is no liquid asset test for the 2025/26 program year. In-person appointments are not being scheduled. Please bring your information to the Calendar House office, or place in the drop box at the front entrance. Provide two copies of all documentation, we cannot return original documents.

1. Proof of Current Income: INCOME INCLUDES: Social Security, SSI/SSDI: provide Social Security statement or most recent bank statement showing direct deposit; Pensions or Annuities: provide most recent check stub, statement from income source on their letterhead, or 1099-R; Veteran's Assistance: VA award letter, or most recent bank statement showing direct deposit; Income from family/friends: provide signed verification of support; Employment: provide 4 most recent pay stubs if paid weekly/2 most recent if paid monthly; Unemployment: provide proof of weekly benefits received from Dept. of Labor; IRA Distributions: provide recent check stub or bank statement showing direct deposit; self-employment (special form provided).

2. SNAP Recipients of SNAP must provide DSS proof of benefits letter.

3. Utility Bills: Electric Heat: Provide most recent Eversource bill. Natural Gas: Provide most recent Eversource Gas and Electric bill. Deliverable Fuel: Confirm your vendor participates in CEAP and provide most recent delivery ticket or statement and Eversource Electric bill.

4. New Applicants: Provide your phone number, copy of your driver's license, date of birth and social security number. If you have applied previously, but ANY of your contact information has changed, (ex: address or phone #) please provide the new information to us. Questions on CEAP? Call us at 860-621-3014. Thank you!



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Calendar House - Southington, CT

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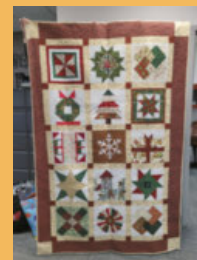
NOVEMBER 2025



CALENDAR OF MONTHLY EVENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 12:00 Realty 3 10-11:30 Computer Class Registration	4 9-12 Operation Stay Warm 2:30-4:30 Wheeler Clinic 2:30 Astrology	5 1:30 Medicare Presentation	6 11:00 Mindful Outdoor Stroll 1:00 Patricia Griffin	7
10 9-2 Foot Clinic 1:00-3:00 Creative Cottage Crafts	11 CENTER CLOSED 	12 11-12pm Congressman Larson	13 10:00 Stay Safe at Home 1:00 SoCCA 1:00 2026 Travel Presentation	14
17 1:00 Raymond Senior Planning Medicare Program	18 1:00 Holiday Tea 2:30 Astrology	19 9-11 Raymond Senior Planning Informational table	20 11:15-1:15 Wheeler Clinic 1:00 Membership Meeting	21 9-10 Berkshire Hathaway Real Estate Information Table 9:30 Veterans Coffee Hour 10:00 Probate Forum 1:00 Birthday Bingo
24 9-2 Foot Clinic 9-10 Diabetes and Pre-Diabetes Support Group	25 12:00 Calendar House Book Club	26 NO LUNCH SERVED	27 CENTER CLOSED 	28 CENTER CLOSED

The Calendar House Quilters have created a festive, Christmas quilt (54"x80") to raffle off during the holiday season. The tickets are \$2 each or 3 for \$5. All proceeds benefit the Calendar House Membership. The drawing will be held Friday, December 19th. You can purchase your tickets at the front desk.



Daily Drop Ins from 8:30-4:30
 Pool, Ping Pong, Sit 'n Be Fit, Active Walkers,
 Cardio Room, Library, Puzzle Makers, Coffee
 and Conversation



ALL DAY, EVERY DAY @ CALENDAR HOUSE

Pool Players/Ping Pong
Cardio Room
Active Walkers (Walking Track)
Library/Puzzle Makers
Coffee 'n Conversation in the Lounge
Lunch is available Monday-Friday with advanced registration. See page 10 for details.

COMPUTER LEARNING CENTER @ CALENDAR HOUSE

Visit: www.calendarhouse.org
and click on the "Tech Classes" tab for class information.

**Fall 2025 Class Session
registration starts:
10:00am Monday November 3rd**

ENRICHMENT CLASSES (currently in session)

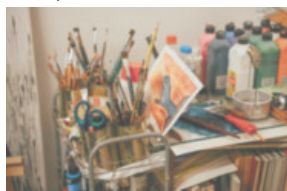
MONDAY: Quilting w/ Milinda
TUESDAY: Acrylic Painting w/Pat
Poetry w/Pat
Open Studio w/ Sue
WEDNESDAY: Beginning Drawing w/Alex
Independent Watercolor w/ Penny
THURSDAYS: Advanced Drawing w/Alex
Beginning/ Advanced Drawing w/ Alex

MONDAY

Gentle Seated Yoga: 9:15 (\$8 drop-in fee)
Line Dance: 9:30
Computer Lab : 10-12
Sit 'n Be Fit: 11:15
Mahjong: 12:30—Need lessons? Call Lee Daley at 239-821-7760!
Breathwork and Meditation: 1:00 (\$8 drop-in fee)
Pickleball: 1-3
Cardio Drum: 2-2:30

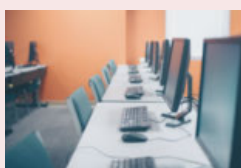
TUESDAY

Group Exercise: 9 & 10 (\$10 drop-in fee)
Cribbage: 10-12
Sit 'n Be Fit: 11:15
Pickleball: 1-3 (CXL 11/4, 11/18)
Cardio Drum: 2-2:30
Open Art Studio: 2:30-4:30



WEDNESDAY

Line Dance: 9:30
Pinochle: 9:30-11:30
Granny Squares: 10-12
Sit 'n Be Fit: 11:15
Set Back: 12:30-3
Computer Lab: 1-3
Pickleball: 1-3
Cardio Drum: 2-2:30



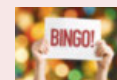
THURSDAY

T.O.P.S.: 8:30
Group Exercise: 9 & 10
Tap Dancing: 10-11
Stained Glass Group: 10:30
Sit 'n Be Fit: 11:15
Hand & Foot Card Game: 12:30 (11/6 +11/20)
Party Bridge: 1-3:15
Pickleball: 1-3 (CXL 11/6)
Scrabble: 1-3
Cardio Drum: 2-2:30



FRIDAY

Gentle Yoga: 9:30 (\$8 drop-in fee)
Sit 'n Be Fit: 11:15
Bingo: 1:00
11/21 is Birthday Bingo!
Receive a free card to play AND a cupcake if your birthday is in November.
Register at the bingo table prior to 11/21.
Cardio Drum: 2-2:30



HEALTH AND WELLNESS

FOOT CLINIC- It's back!!!

Nurse Katie Goshdigan will be providing foot care on select Mondays in the health suite. Appointments are for 30 minutes and include basic foot assessment, nail trimming, nail filing, and filing of corns/calluses. Cost is \$30 payable to the nurse via cash or check made out to Foot Care RN. Please note clients with ingrown nails, history of leg/foot ulcers and diabetics taking medication need to seek foot care with their podiatrist or primary care provider. **Please call 860-621-3014 to schedule an appointment for November 10th and 24th, December 8th and 22nd between 9-1:30pm.**

T.O.P.S. CLUB

T.O.P.S. (Taking Off Pounds Sensibly) meets at Calendar House on Thursday mornings at 8:30 a.m. for weigh-in and a weekly meeting. Thinking about losing weight, but don't know where to start? Drop in! (Nominal fee applies).

WHEELER CLINIC HEALTH OUTREACH People impacted in any way by mental health problems and/or substance use disorders can drop in to visit Magdalin Odoi, Sr. Community Health Outreach Coordinator, to discuss treatment options, and receive education and resources on **Tuesday, November 4th from 2:30 to 4:30 p.m., or Thursday, November 20th from 11:15-1:15.** For more info contact Magdalin Odoi at modoi@wheelerhealth.org or call 860-604-7448.

PRE-DIABETES/DIABETES SUPPORT GROUP

Whether you have Pre-Diabetes or Diabetes, either new or for some time: IF YOU WOULD LIKE UPDATED INFORMATION, TIPS, TRICKS, SUPPORT, THESE SESSIONS ARE FOR YOU !

Topics we can and will discuss (depending on your needs and questions): -Prediabetes, Diabetes, the basics or advanced -Nutrition and the DIET to control Glucose -Monitoring + CGM (continuous Glucose Monitoring) -Exercise and the Why -Medications & Complications -How to Cope, Emotions, Problem Solving -Resources available & your questions answered Betsy will present a topic each month relevant to the time of year **By: Betsy Gaudian MSN, RN-BC, RDN, CDCES. This free group will meet on the last Monday of each month (unless indicated otherwise) from 9:00-10:00 a.m. at the Calendar House. Sign up at the front desk, call 860-621-3014, or register online by visiting schedulesplus.com/chs November 24th and December 22nd.**

CHAIR MASSAGE/REIKI HEALING Ten Minute Chair Massages with licensed massage therapist Steve Casillas are available on Tuesday mornings. The fee is \$15, paid directly to Steve. **To schedule or cancel, contact Steve at 860-329-1609.** Forty-five minute Reiki Healing Sessions with Jennifer Michnowicz are available on varying days. The fee is \$30, paid directly to Jennifer. **To schedule or cancel, contact Jennifer at 860-919-7365.**

SIT 'n BE FIT

A gentle, seated, slow moving DVD workout by Mary Ann Wilson, RN. Ideal for anyone managing arthritis pain! This drop-in class is offered Monday through Friday at 11:15 a.m. (20 students max)

CARDIO DRUMMING

During this group exercise class you will follow along with specially selected YouTube videos that run from 20 to 30 minutes. You will use a large inflatable exercise ball placed in a bucket for stability and drum sticks. Follow along with the music and moves to keep the beat and get a great cardio workout while toning your muscles, too! It's easy and FUN! These classes can be done seated or standing and you can move at your own pace. All equipment will be provided. This drop-in class is offered Monday through Friday at 2 p.m. (10 students max)

GENTLE SEATED CHAIR YOGA w/ CYNTHIA

Mondays from 9:15-10:15 a.m. This Drop-in class will include gentle yoga performed in a chair and postures using support of the wall or at the exercise bar. Please wear non-slip shoes or socks and comfortable clothes! **Your first class is always FREE, then pay \$8 per class to instructor, payable to Cynthia Griffin.**

BREATHWORK & MEDITATION w/ CYNTHIA

Mondays from 10:30-11:00am This drop-in class can be done in a chair or on a yoga mat. No experience necessary to explore the many benefits of being in the moment with gentle easy movements, breathwork and meditation. Each week you will learn different aspects of these calming techniques. Please wear comfortable clothing.

Your first class is free, then pay \$8 to the instructor, payable to Cynthia Griffin.

If you take the Chair Yoga class right before this class you pay only \$12 for both! That is a \$4 savings! Drop-in.

TUESDAY/THURSDAY GROUP EXERCISE

These exercise classes include cardio, strength, and balance. Please bring hand weights to class. These drop-in classes are offered on Tuesdays w/Kim at 9 & 10 a.m. and Thursdays w/ Marcia at 9 & 10 a. m. (12 students max)

MONTHLY PROGRAMS

HOW TO REGISTER FOR PROGRAMS:

Most programs at Calendar House require pre-registration. If a program says:

- **Register online:** Visit schedulesplus.com/chs to register.
- **Call to register:** Simply call us at 860-621-3014, or stop by the front desk to register.
- **Pay to register:** Stop at the front desk to register and make your payment at that time. Registrations will not be taken without payment.
- **Drop-in:** There is no need to pre-register. Just drop in!

BERKSHIRE HATHAWAY INFORMATION TABLE

W/ LISA OLSON, REALTOR

Friday, November 21st, 9-10 a.m. Drop-in. Meet with Lisa Olson for any real estate questions you may have!

RAYMOND SENIOR PLANNING INFORMATION TABLE

Wednesday, November 19th 9:00-11:00 am.

Beata Raymond will be in the Calendar House lobby to answer questions you may have on all things Medicare! Drop-in.

REALTY 3 INFORMATION TABLE

Monday, November 3rd 12:00-1:30pm

Margie Chupron and Diane Epps, both Realtors® with Realty 3 CT, are excited about the opportunity to connect with members of the senior community who may have questions about the Southington real estate market. Drop in.

JOHN E. DEMELLO SR. VETERANS COFFEE HOUR

Friday, November 21st at 9:30 am

Co-sponsored by the Calendar House and the Town of Southington Veterans Committee, this Veterans only coffee hour is held the 3rd Friday of the month from 9:30-10:30 a.m. at the Calendar House Senior Center. No registration is required , just drop in!

PROBATE FORUM

w/Matthew Jalowiec, Probate Judge *date change*

Friday, November 21st, 10 to 11 a.m. Register online or call before Thursday, November 20th.



NOVEMBER PROGRAMS

ASTROLOGY FOR BEGINNERS

Now bi-weekly starting 11/4 and 11/18 from 2:30-4:00pm Come join Ron Goski, local astrologer and explore the past, present and potential futures based upon PLANETARY GEOMETRY. **Please register by the Friday before the class.**

OPERATION STAY WARM

Tuesday, November 4th from 9am-12pm Please join Southington Community Services for Operation Stay Warm in the Main Hall to choose winter coats , accessories and share seasonal cheer with music, light refreshments and a raffle! All items are at no cost. Drop in.

MEDICARE'S ANNUAL ENROLLMENT PERIOD: WHY SHOP? WITH SARA MITCHELL

Wednesday, November 5th at 1:30pm Confused about your Medicare options? You're not alone. Each year, Medicare-eligible individuals have the opportunity to review and update their coverage. Join Sara Mitchell, Hartford HealthCare Medicare Educator, for an informative session:

"Medicare's Annual Enrollment Period: Why Shop?"

You'll learn:

- How the Annual Enrollment Period works
- Key factors to consider when choosing a Medicare plan Plus, bring your questions for the Q&A session.

Take the guesswork out of Medicare—empower yourself with the knowledge to make confident choices. **Register online or by calling the front desk at 860-621-3014 by Tuesday, November 4th.**

MINDFUL OUTDOOR STROLL

Thursday, November 6th at 11:00am Immerse yourself in nature while walking outdoors at the Calendar House. Jennifer will guide you during this walk. This will immerse your senses , reduce stress and improve your well being. Enjoy coffee, cider and doughnuts afterwards. **The fee is \$10pp cash paid when you register. This program is wheelchair accessible.**

AN AFTERNOON WITH PATRICIA GRIFFIN-PSYCHIC MEDIUM

Thursday, November 6th at 1:00pm

Join us for an unforgettable afternoon of love, laughter,

tears, and validation as Patricia connects to your loved ones on the other side.

Patricia reads with great accuracy, integrity, humor and love. She gives messages to audience members from your loved ones in spirit as she receives them . These messages help to bring us peace, closure, comfort, and to let us know that even though we leave our physical body, our spirit, our essence, and our souls live on .

Patricia Griffin is a natural born medium who in 2014 came to a point where she could no longer deny her gifts and went on to become a professional medium. Based in Connecticut, Patricia continues to perform sold out shows and readings.

Patricia was a regular guest on the 'CT Style' television show .She has also been featured on Anna and Raven, Plum Foods podcast, WPLR, WPKN, WATR, Good Afternoon New York, CT Live on NBC, Morning Buzz on WTNH and Great Day CT. She does private readings, group sessions, galleries, and fundraisers. Among Patricia's greatest honors is reading at fairs for Pat Longo who is the mentor of the famous Long Island Medium.

Patricia is a strong proponent of education within her field. She teaches psychic development circles and mediumship courses for Milford Adult Education, Shoreline Adult Education in Branford, Trumbull Continuing Education, and Valley Regional Adult Education. She feels that everyone has certain spiritual gifts and she helps her students fine tune their abilities so they become more aware and confident.

NOTE: Although Patricia is known to getting to as many audience members as possible a reading is not guaranteed. Fee is \$20 per ticket. Registration will end Wednesday, November 5th. Please register in person. Cash only.

CREATIVE COTTAGE CRAFTS - LIGHTED DECOUPAGED WINE BOTTLE

Monday, November 10th at 1:00pm Join us for a fun and relaxing crafting session where you'll learn how to turn an ordinary glass bottle into a beautiful, lighted piece of home décor.

No painting or crafting experience is needed — if you can glue, you can do it! Decoupage is the art of decorating objects by layering delicate tissues or papers

onto them, then adding special paint effects and embellishments to create stunning designs.

In this hands-on workshop, you'll discover the fundamentals of decoupage and learn all the tips and tricks to transform glass bottles into easy, affordable, and elegant decorations. Each participant can choose from a variety of seasonal images, papers, and embellishments to design their own one-of-a-kind masterpiece.

Your finished creation will make a beautiful addition to your home or a thoughtful handmade gift. All supplies are provided, and you'll leave with your completed, beautifully lighted bottle — ready to display or use as a vase!

Please register in person before Friday, November 7th. The fee for this class is \$30 pp cash. Please pay at the time of registration.

STAY SAFE AT HOME WITH ALWAYS BEST CARE OF GREATER BRISTOL

Thursday, November 13th at 10:00am Always Best Care of Greater Bristol has been serving the Greater Bristol community for over fifteen years. Join us for an interactive discussion where they will talk about who they are and how they are able to assist members of the community stay safe at home. They will cover the services that they offer and answer any questions that people may have. There will be a handout administered that will go over some of the early indicators that assistance in your daily life may be beneficial.

Please register online or by calling the front desk at 860-621-3014 by Wednesday, November 12th.

Socca Art Van Go! Holiday Collage Cards

Thursday, November 13th at 1:00pm Create festive, one-of-a-kind cards in this fun workshop! Using vibrant, painted paper strips and shapes, you'll layer, weave, and collage colorful abstract designs—each a unique holiday keepsake to share or display. **Please register in person at the front desk. Fee is \$20pp cash only.**

2026 TRAVEL PRESENTATION

Thursday, November 13th at 1:00pm Join Tyler Zajac for this 2026 preview into some travel opportunities that the Trip Desk will be offering next year. Be sure to bring any questions that you may have about our travel programs. **This is a drop-in. No registration necessary. This will be held in the Main Hall.**



RAYMOND SENIOR PLANNING MEDICARE PRESENTATION

Monday, November 17th at 1:00pm Join Raymond Senior Planning and learn about the different Medicare plans and what they cover, the changes for 2026, how to choose the proper plan, when to enroll to avoid penalties, common mistakes and how to avoid them too. There will be a Q&A at the end of the presentation. **Please register online or by calling 860-621-3014 by Friday, November 14th.**

HOLIDAY TEA

Tuesday, November 18th at 1:00 pm Join us for our 3rd Annual Holiday Tea! Join Diana Sheard, Community Services, The Barnes Museum, and the Calendar House for a charming afternoon full of fun, food, and holiday cheer! We will enjoy a presentation from Christina Volpe, curator of the Barnes Museum, tea, wonderful food, desserts, raffles, and other fun! **Tickets will be available October 16th at the Calendar House for \$15pp. Cash only.**

ANNUAL HOLIDAY PARTY

Thursday, December 4th 11:00am-4:00pm Tickets for the Calendar House Annual Holiday Party will be on sale in the office Monday, October 27th through Thursday, November 20th or until sold out. Tickets are \$42pp with a generous subsidy by the Calendar House Membership Association. If requesting to be seated at a specific table, please decide the designated table name before purchasing tickets and be sure to specify that name as the group you wish to be seated with when purchasing. Even if you do not have enough for a full table, and wish to be seated with one or several individuals, **PLEASE** indicate that when purchasing tickets. Check-in begins at 11:00am and lunch is served at noon.

On the Menu

House Garden Salad * Penne Bolognese
Baked North Atlantic Cod * Roasted Pork Loin
Whipped Potatoes * Mixed Vegetable Medley
Fresh Baked Rolls and Butter
Coffee, Tea & Soda (Cash Bar Available)
Vanilla Ice Cream w/Hot Fudge Topping

Enjoy entertainment by DJ Billy Jones, raffles, and holiday fun with friends! Dial-A-Ride bus service is available; please request when purchasing tickets or at least one week prior. Happy Holidays!

NUTRITION

Due to recent federal funding cuts there have been changes to the Nutrition Program provided by RW Solutions at Calendar House Senior Center. **RW Solutions** now serves lunch 3 days per week on Monday, Tuesday and Friday. **Southington Bread For Life** serves meals at Calendar House two days per week on Wednesday and Thursday. Meals for both programs must be pre-ordered and will be served at noon. See below for details on each program.

RW Solutions — Serving Monday, Tuesday and Friday. Meals are limited to individuals age 60+. A completed form-5 from the State of CT Department of Social Services/Elderly Division is required to participate. Please see the Café Manager for a form. A donation of \$3.00 per meal is suggested. Meals must be ordered by Tuesday at noon for Friday and for the following Monday and Tuesday. See the Café Manager or call 860-621-6738 to order or cancel a meal.

There is a daily limit of 25 meals.

Bread For Life — Serving Wednesday and Thursday. Please order meals by Friday at noon for the **following** Wednesday and Thursday at the Calendar House front desk or by calling 860-621-3014. **There is a daily limit of 25 meals.** A suggested donation of \$3 to **Southington Bread For Life** will be accepted when you receive your meal. **No lunch will be held 11/26/2025.**

DIAL-A-RIDE

The Calendar House DIAL-A-RIDE provides free transportation to residents of Southington aged 55+ and Southington residents aged 18+ with disabilities. To provide efficient, reliable, safe transportation to all our riders, there are specific guidelines to be followed.

Following is a brief overview. Our complete guidelines can be picked up in the Calendar House office or viewed by visiting www.calendarhouse.org and clicking on Dial-A-Ride Bus Service. Your cooperation is anticipated & appreciated. Our primary objective is to provide the service that you need in a timely and reasonable manner. **For questions and reservations call 860-621-3014.**

CT Transit Route 532/CTfastrak: Calendar House Dial-A-Ride transportation to stops at Price Chopper, Stop and Shop and Walmart on the CT Transit Route 532 bus line and to the CTfastrak 928 Southington-Cheshire Waterbury Express service located at the Plantsville Park & Ride is available during our regular hours of operation with a minimum of one week advance notice. Please call to schedule.

Medical Appointments: Calendar House provides rides for dialysis, as well as medical and dental appointments. Please provide a minimum of one week advance notice for all appointments; the more

advance notice the better! We will do our best to accommodate appointment requests, but there are times when the schedule fills. Under normal circumstances, last minute requests cannot be accommodated.

In-town medical appointments: Please schedule in-town appointments between the hours of 8:30 a.m. and 2:30 p.m.

Out-of-town medical appointments: Please plan according to the following schedule: Mondays & Wednesdays to: Plainville, New Britain & Meriden/Midstate; Tuesdays & Thursdays to: Plainville, Bristol & Farmington; Friday to: Hartford HealthCare, Cheshire; Please schedule out of town appointments between 9:30 a.m. and 1 p.m.

Shopping, Personal and Hair Appointments: Please schedule for Tuesdays and Thursdays only and provide at least one week advanced notice.

Calendar House: Rides are available Monday—Friday to and from Calendar House for activities, programs, appointments and lunch with at least one week advance scheduling.





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Calendar House - Southington, CT

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Trip Desk is held in the Calendar House lounge from 1—3 p.m. on Mondays and 10 am—12 noon on Wednesdays. Updates can be found at www.calendarhouse.org under the trips tab! Flyers are available for pick-up in the “rounder” in the lounge area. Questions? Call Lana White at 860-621-3779 . The Calendar House Trip Desk is comprised of all **VOLUNTEERS** dedicated to bringing new and exciting trip opportunities to our Center. All Calendar House trips are **NOT FOR PROFIT**, and volunteers do not receive any compensation/perks for their time. Please note: credit cards are not accepted for day trips.

2025

Tues/Nov 11th JIMMY MAZZ -FEVER ‘N CHILLS SHOW Tom Jones and Karen Carpenter tribute. Dinner included. Aqua Turf **\$55pp**

Tues/Dec 9th HOLIDAY CLASSICS WITH THE CARTELLS Featuring a sing-a-long from The Glamour Girls. Santa and Mrs. Claus will be there too! Choice of Roasted Turkey or Baked Cod. Aqua Turf **\$55pp**

Wed/Dec 10th KENNY AND DOLLY-A SMOKY MOUNTAIN CHRISTMAS This is a tribute show that recreates the amazing talents of Kenny Rogers and Dolly Parton at the Aqua Turf Club. Dinner included. **\$97pp**

Thurs/Dec11th RADIO CITY CHRISTMAS SPECTACULAR This tour includes: Round trip transportation, Tour director, free time in the city, orchestra seats at Radio City Music Hall and gratuities. **\$215 pp**

2026

Tues/ March 10th ST. PATRICKS DAY CELEBRATION Featuring The Mclean Avenue Band and Irish Step Dancers! Corned Beef and Cabbage/ Baked Cod. Aqua Turf **\$57pp**

Tues/ April 14th ROCK N ROLL HEAVEN Dave Colucci gives a spectacular show paying tribute to music legends that left us too soon. Elvis, Buddy Holly, Bobby Darrin and other artists will be featured. Chicken Kathryn/ Baked Ham. Aqua Turf **\$57pp**

****All Aqua Turf events are drive yourself.***

HIGHLIGHTED TRIPS

Feb 5-8th 2026 Quebec Winter Carnival 3 nights, 4 star Hilton Hotel in Quebec City, 6 meals, guided tour of Quebec, Beupre Coast, access to the Quebec Winter Carnival, VIP seats for the Night Parade and roundtrip motorcoach. **\$1249 Triple-\$1699 Single**

Feb 22nd-Mar 6th 2026 NCL BREAKAWAY CARIBBEAN CRUISE 13 days/12 nights, Cruise includes ports of call in St. Kitts, Barbados, St. Lucia, Antiqua and St. Thomas. Enjoy entertainment, amazing food, and all of the other amenities on the Breakaway. **Prices vary from \$1499-\$1929pp +taxes**

July 15th 2026 SAIL 250 BOSTON TALL SHIPS 2026 Marks the 250th anniversary of our nation's founding in 1776. For this milestone occasion, a fleet of the world's most magnificent international tall ships and military ships, will gather in the port of Boston as a part of Sail250. The day will start at Maggiano's for lunch and then you will board the riverboat, The Lexington for a narrated cruise about the magnificent vessels that are here for this historic event. **\$183pp**

LOCATION & STAFF

388 Pleasant St.
 Southington, CT 06489
 Phone: 860-621-3014
www.calendarhouse.org
 HOURS: 8:30 a.m.—4:30 p.m.
 Monday—Friday

In case of INCLEMENT WEATHER, all delays and/or closings will be posted under the name CALENDAR HOUSE on WFSB Channel 3 and on the www.wfsb.com website. **Calendar House DOES NOT follow Southington Public Schools for closings and delays.**

DIRECTOR

Dawn Sargis
sargisd@southington.org

PROGRAM COORDINATOR

Elizabeth Chubet
chubete@southington.org

ADMINISTRATIVE ASSISTANT II

Tiffany Atkins
atkinst@southington.org

ADMINISTRATIVE ASS'T/DRIVER

Dawn Sousa
sousad@southington.org

P/T RECEPTION DESK

David Harrington
harringtond@southington.org

F/T BUS DRIVERS

Paula Ofiara Pocock & Christie Boucher

P/T BUS DRIVER

Bob Donia

TRIP DESK COORDINATOR

Lana White 860-621-3779 or
lane.white28@gmail.com

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