

Active Lifestyles

CALENDAR HOUSE OF SOUTHLINGTON



OCTOBER 2025

NEWSLETTER

FROM THE STAFF...

Welcome Fall!

It's that time of year where we start to feel the crisp air and want to wear our sweaters and drink apple cider, that is after the Calendar House is closed for the day. We love having our members here with us enjoying all of the things we have here for you.

We would like to take the opportunity to thank Karen Kebinger for instructing our quilting group over the past few years. As she has decided to step down from that position, we now want to welcome Milinda Vinton as the new quilting instructor. We wish her well in this new position.

We also want to wish art instructor Sue Riley the best of luck in her new position with the Board of Education. She has taught so many of our members over the years and has made such an impact on our Calendar House artists. Although she won't be teaching her official classes, she will still be holding her open studio sessions.

We want to welcome Alex Caron as our new art instructor! She is a recent graduate of Lesley College of Art and Design holding a masters degree in Fine Art and Illustration. She has been working with our watercolor students and has become a great part of the Calendar House team.

Inside these pages are great programs and information. Happy October!

- The Calendar House Staff

Please note: Active Lifestyles is available at Calendar House, Town Hall, the Municipal Center, Library and Senior Housing sites. It is also available at the calendarhouse.org website. To subscribe, please go to: www.mycommunityonline.com and type "Calendar House" near "Southington"; Click "latest newsletter" and "subscribe"; fill in your e-mail and name and you're all set!



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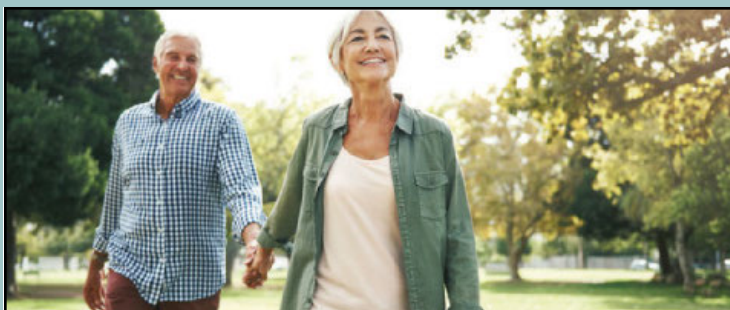
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Calendar House - Southington, CT

06-5315

Welcome to Calendar House!!

Calendar House Mission Statement:

Calendar House, the Town of Southington's Senior Center is a multipurpose facility which provides a focal point in the community for residents 55 and older, and residents aged 18 and older, who are disabled, as defined by Social Security standards.

The Center's purpose is to serve as a resource center, providing a broad range of services and activities to meet the diverse social, physical and intellectual needs of older adults and disabled individuals.

This facility is unique in that our members and staff are encouraged to help implement various activities to reinforce positive attitudes and preserve individual dignity.

In pursuing its mission, this Center shall enhance an atmosphere of compassion, equality and mutual concern for all older adults and disabled individuals.



AARP Smart Driver

Friday, October 10th from 9am-1pm

Learn ways to adjust for aging and health related driving issues. CT specific information is covered. \$20 for AARP Members; \$25 for Non AARP Members. Cash or check payable to AARP collected by instructor prior to start of class. Class sizes are limited. Call 860-621-3014 to register. An on-line course is also available. To register for online course visit: <https://www.aarpdriversafety.org/>

MEMBERSHIP

MEETING

Featuring

Judy Pancoast



November 20, 2025 at 1:00pm

Judy is a singer, Grammy-nominated songwriter, performer and author, and is described as effervescent, energetic and entertaining. Judy radiates joy in her music! She entertains seniors in the "Piano Lounge" with hits from the 1960's and 1970's, plus standards, show tunes and original songs. She is popularly known for her hit song, "The House on Christmas Street" which is heard all over the world during the Christmas season. Her performance certainly energizes her audience and will have you smiling and singing along!

Our community partner, Raymond Senior Planning will provide delicious cake for you to enjoy as well!

Register at the front desk, by calling 860-621-3014 or online by Tuesday, November 18th.



In Memoriam

Donations in memory or in honor of a friend or relative may be made to the Calendar House Memorial Fund and are gratefully accepted.

Jeff Driscoll

CEAP

CONNECTICUT ENERGY ASSISTANCE PROGRAM

Calendar House will begin processing applications for the CT Energy Assistance Program (CEAP) for households that heat with deliverable fuel (oil or propane) on October 14th and November 17th for households that heat with Eversource (electric or gas). Income guidelines: \$47,764 for a single individual and \$62,460 for a couple. There is no liquid asset test for the 2025/26 program year. In-person appointments are not being scheduled. Please bring your information to the Calendar House office, or place in the drop box at the front entrance. Provide two copies of all documentation, we cannot return original documents.

1. Proof of Current Income: INCOME INCLUDES: Social Security, SSI/SSDI: provide Social Security statement or most recent bank statement showing direct deposit; Pensions or Annuities: provide most recent check stub, statement from income source on their letterhead, or 1099-R; Veteran's Assistance: VA award letter, or most recent bank statement showing direct deposit; Income from family/friends: provide signed verification of support; Employment: provide 4 most recent pay stubs if paid weekly/2 most recent if paid monthly; Unemployment: provide proof of weekly benefits received from Dept. of Labor; IRA Distributions: provide recent check stub or bank statement showing direct deposit; self-employment (special form provided).


2. SNAP Recipients of SNAP must provide DSS proof of benefits letter.

3. Utility Bills: Electric Heat: Provide most recent Eversource bill. Natural Gas: Provide most recent Eversource Gas and Electric bill. Deliverable Fuel: Confirm your vendor participates in CEAP and provide most recent delivery ticket or statement and Eversource Electric bill.

4. New Applicants: Provide your phone number, copy of your driver's license, date of birth and social security number. If you have applied previously, but ANY of your contact information has changed, (ex: address or phone #) please provide the new information to us. Questions on CEAP? Call us at 860-621-3014. Thank you!

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Calendar House - Southington, CT

06-5315

OCTOBER 2025



CALENDAR OF MONTHLY EVENTS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Fall Breakfasts

10/12 Lion's Club Pancake Breakfast
8- 12am

10/26 Knights of Columbus Breakfast
Buffet 7- 11:30am

11/9 Unico Big Breakfast 7:30-11:30am



1

2

3

6

12:00 Realty 3
12:30 Pickleball
Fitness
1:30 2026 Medicare
Changes

7

2:30-4:30 Wheeler
Clinic
2:30 Astrology

8

10:00 Paint Pour
Sign Session I
1:00 Caregiving;
Guilt and Duty

9

10

9-1 AARP Smart
Driver Class

13

CENTER CLOSED



14

9:00 Community
Vaccine Clinic

15

9-11 Raymond Senior Planning
Informational Table
9:30-11:30 Wheeler Clinic
10:00 Paint Pour Session II
10:00 How to Add Happiness in
Your Everyday Life

16

2:00 10 Early Signs
of Parkinson's

17

9-10 Berkshire Hathaway
Real Estate Information
Table
9:30 Veterans Coffee
Hour

20

12:30 Pickleball
Fitness
1:00 Aging in Place

21

Italian Night

22

23

6:00pm
Intergenerational
Halloween Movie Night

24

27

9-10 Diabetes and
Pre-Diabetes
Support Group
12:30 Pickleball
Fitness

28

12:00 Calendar
House Book Club

29

30

31

10:00 Probate Forum
1:00 Birthday Bingo

Daily Drop Ins from 8:30-4:30

**Pool, Ping Pong, Sit 'n Be Fit, Active Walkers,
Cardio Room, Library, Puzzle Makers, Coffee
and Conversation**



ALL DAY, EVERY DAY @ CALENDAR HOUSE

Pool Players/Ping Pong
Cardio Room
Active Walkers (Walking Track)
Library/Puzzle Makers
Coffee 'n Conversation in the Lounge
Lunch is available Monday-Friday with advanced registration. See page 10 for details.

COMPUTER LEARNING CENTER @ CALENDAR HOUSE

Visit: www.calendarhouse.org
and click on the "Tech Classes" tab for class information.
Computer Lab Hours:
Mondays: 10 a.m.—noon
Wednesdays: 1—3 p.m.

ENRICHMENT CLASSES (currently in session)

MONDAY: Quilting w/ Milinda
TUESDAY: Acrylic Painting w/Pat
Poetry w/Pat
Open Studio w/ Sue
WEDNESDAY: Beginning Drawing w/Alex
Independent Watercolor w/ Penny
THURSDAYS: Advanced Drawing w/Alex
Beginning/ Advanced Drawing w/ Alex

MONDAY

Gentle Seated Yoga: 9:15
(\$8 drop-in fee)
Line Dance: 9:30
Computer Lab : 10-12
Sit 'n Be Fit: 11:15
Mahjong: 12:30—Need lessons? Call Lee Daley at 239-821-7760!
Pickleball: 1-3
Cardio Drum: 2-2:30

TUESDAY

Group Exercise: 9 & 10
(\$10 drop-in fee)
Cribbage: 10-12
Sit 'n Be Fit: 11:15
Balance and Stability
12:30- 1:30 (thru 10/14)
(\$8 drop-in fee)
Pickleball: 1-3
Cardio Drum: 2-2:30
Open Art Studio: 2:30-4:30

WEDNESDAY

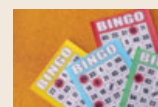
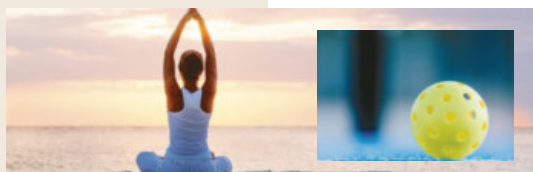
Gentle Seated Yoga:
9:15 (\$8 drop-in fee)
Line Dance: 9:30
Pinochle: 9:30-11:30
Granny Squares: 10-12
Sit 'n Be Fit: 11:15
Set Back: 12:30-3
Computer Lab: 1-3
Pickleball: 1-3
Cardio Drum: 2-2:30

THURSDAY

T.O.P.S.: 8:30
Group Exercise: 9 & 10
Tap Dancing: 10-11
Stained Glass Group:
10:30
Sit 'n Be Fit: 11:15
Hand & Foot Card Game:
12:30 (10/9 +10/23)
Party Bridge: 1-3:15
Pickleball: 1-3
Scrabble: 1-3
Breathwork and
Meditation: 1:00
(\$8 drop-in fee)
Cardio Drum: 2-2:30

FRIDAY

Gentle Yoga: 9:30
(\$8 drop-in fee)
Sit 'n Be Fit: 11:15
Bingo: 1:00
10/31 is Birthday Bingo!
Receive a free card to play AND a cupcake if your birthday is in October. Register at the bingo table prior to 10/31.
Cardio Drum: 2-2:30



HEALTH AND WELLNESS

FREE BLOOD PRESSURE CLINIC AND DISCUSSION

The Orchards of Southington holds a free blood pressure screening clinic and discussion at Calendar House each month from 10:00-11:00 a.m. **The next clinic will be held on Wednesday, October 15th . Please register online or by calling the front desk at 860-621-3014 by Tuesday, October 14th.**

T.O.P.S. CLUB

T.O.P.S. (Taking Off Pounds Sensibly) meets at Calendar House on Thursday mornings at 8:30 a.m. for weigh-in and a weekly meeting. Thinking about losing weight, but don't know where to start? Drop in! (Nominal fee applies).

WHEELER CLINIC HEALTH OUTREACH People impacted in any way by mental health problems and/or substance use disorders can drop in to visit Magdalin Odoi, Sr. Community Health Outreach Coordinator, to discuss treatment options, and receive education and resources on **Tuesday, October 7th from 2:30 to 4:30 p.m., or Wednesday, October 15th from 9:30 to 11:30 a.m.** For more info contact Magdalin Odoi at modoi@wheelerhealth.org or call 860-604-7448.

PRE-DIABETES/DIABETES SUPPORT GROUP

Whether you have Pre-Diabetes or Diabetes, either new or for some time: IF YOU WOULD LIKE UPDATED INFORMATION, TIPS, TRICKS, SUPPORT, THESE SESSIONS ARE FOR YOU !

Topics we can and will discuss (depending on your needs and questions): -Prediabetes, Diabetes, the basics or advanced -Nutrition and the DIET to control Glucose -Monitoring + CGM (continuous Glucose Monitoring) -Exercise and the Why -Medications & Complications -How to Cope, Emotions, Problem Solving -Resources available & your questions answered Betsy will present a topic each month relevant to the time of year **By: Betsy Gaudian MSN, RN-BC, RDN, CDCES. This free group will meet on the last Monday of each month (unless indicated otherwise) from 9:00-10:00 a.m. at the Calendar House. Sign up at the front desk, call 860-621-3014, or register online by visiting schedulesplus.com/chs**

CHAIR MASSAGE/REIKI HEALING Ten Minute Chair Massages with licensed massage therapist Steve Casillas are available on Tuesday mornings. The fee is \$15, paid directly to Steve. **To schedule or cancel, contact Steve at 860-329-1609.** Forty-five minute Reiki Healing Sessions with Jennifer Michnowicz are available on varying days. The fee is \$30, paid directly to Jennifer. **To schedule or cancel, contact Jennifer at 860-919-7365.**

SIT 'n BE FIT

A gentle, seated, slow moving DVD workout by Mary Ann Wilson, RN. Ideal for anyone managing arthritis pain! This drop-in class is offered Monday through Friday at 11:15 a.m. (20 students max)

CARDIO DRUMMING

During this group exercise class you will follow along with specially selected YouTube videos that run from 20 to 30 minutes. You will use a large inflatable exercise ball placed in a bucket for stability and drum sticks. Follow along with the music and moves to keep the beat and get a great cardio workout while toning your muscles, too! It's easy and FUN! These classes can be done seated or standing and you can move at your own pace. All equipment will be provided. This drop-in class is offered Monday through Friday at 2 p.m. (10 students max)

GENTLE SEATED CHAIR YOGA w/ CYNTHIA Mondays from 9:15-10:15 a.m. This Drop-in class will include gentle yoga performed in a chair and postures using support of the wall or at the exercise bar. Please wear non-slip shoes or socks and comfortable clothes! **Your first class is always FREE, then pay \$8 per class to instructor, payable to Cynthia Griffin.**

BALANCE AND STABILITY CLASS W/CYNTHIA (ends 10/14)

Tuesdays from 12:30-1:30pm. We all need a little more balance in our lives.

This 7 week drop-in class is taught by Certified Yoga instructor Cynthia Griffin (past certified Personal Trainer and CT Licensed Massage Therapist).

Learn how to feel and move with more balance and stability. This class emphasizes slowing down and concentrating on deliberate movements rooted in Yoga, Tai Chi Chuan, and core exercises to enhance your daily living skills. No need to get down on the floor. Movements will be done standing, walking, sitting in a chair, holding onto an exercise bar or utilizing a wall. No experience necessary.

Check with your physician before taking this class.

Please wear comfortable clothes and "supportive" workout sneakers/shoes (with orthotics if you use them daily).

Cost: Each class \$8 cash is paid directly to the instructor. Drop-in.

TUESDAY/THURSDAY GROUP EXERCISE

These exercise classes include cardio, strength, and balance. Please bring hand weights to class. These drop-in classes are offered on Tuesdays w/Kim at 9 & 10 a.m. and Thursdays w/ Marcia at 9 & 10 a. m. (12 students max)

SEATED & GENTLE YOGA w/ CLEMENTINE

Drop-in Wednesday at 9:15-10:15 a.m. for seated yoga and Friday at 9:30-10:30 a.m. for gentle yoga. Please wear non-slip shoes and comfortable clothes! **Your first class is always FREE, then pay \$8 per class payable to the instructor.**

BREATHWORK & MEDITATION w/ CYNTHIA Thursdays from 1:00-1:45 This drop-in class can be done in a chair or on a yoga mat. No experience necessary to explore the many benefits of being in the moment with gentle easy movements, breathwork and meditation. Each week you will learn different aspects of these calming techniques. Please wear comfortable clothing. **Your first class is free, then pay \$8 to the instructor, payable to Cynthia Griffin.**

MONTHLY PROGRAMS**HOW TO REGISTER FOR PROGRAMS:**

Most programs at Calendar House require pre-registration. If a program says:

- **Register online:** Visit schedulesplus.com/chs to register.
- **Call to register:** Simply call us at 860-621-3014, or stop by the front desk to register.
- **Pay to register:** Stop at the front desk to register and make your payment at that time. Registrations will not be taken without payment.
- **Drop-in:** There is no need to pre-register. Just drop in!

BERKSHIRE HATHAWAY INFORMATION TABLE**W/ LISA OLSON, REALTOR**

Friday, October 17th, 9-10 a.m. Drop-in. Meet with Lisa Olson for any real estate questions you may have!

RAYMOND SENIOR PLANNING

Wednesday, October 15th 9:00-11:00 am.

Beata Raymond will be in the Calendar House lobby to answer questions you may have on all things Medicare! Drop-in.

REALTY 3 INFORMATION TABLE

Monday, October 6th 12:00-1:30pm

Margie Chupron and Diane Epps, both Realtors® with Realty 3 CT, are excited about the opportunity to connect with members of the senior community who may have questions about the Southington real estate market. Drop in.

JOHN E. DEMELLO SR. VETERANS COFFEE HOUR

Friday, October 17th at 9:30 am

Co-sponsored by the Calendar House and the Town of Southington Veterans Committee, this Veterans only coffee hour is held the 3rd Friday of the month from 9:30-10:30 a.m.

at the Calendar House Senior Center. No registration is required, just drop in!

PROBATE FORUM

w/Matthew Jalowiec, Probate Judge

Friday, October 31st, 10 to 11 a.m. Register online or call before Thursday, October 30th.

OCTOBER PROGRAMS

PICKLEBALL FITNESS

Mondays, October 6th, 20th and 27th from 12:30-1:30pm This exercise class is designed specifically for the demands of pickleball. If you take this class not only will you feel better about your pickleball game, you will just feel better.

Taught by Lou Friedman, a retired Physical Therapist with over 40 years of experience treating orthopedic injuries, a certified injury prevention specialist, and certified in coaching by Professional Pickleball Registry (PPR).

Sign up, bring your paddle, and good court shoes and get ready to see your game improve.

Suggested donation is \$5.00 payable to the instructor at the beginning of the class.

2026 MEDICARE CHANGES WITH RAYMOND SENIOR PLANNING

Monday, October 6th at 1:30pm Raymond Senior Planning will be here to discuss the 2026 Medicare changes and to assist you with any changes or enrollment issues. **Please register by Friday, October 3rd.**

ASTROLOGY FOR BEGINNERS

Tuesday, October 7th at 2:30 Come join Ron Goski, local astrologer and explore the past, present and potential futures based upon PLANETARY GEOMETRY. The first class will cover the basic concepts of astrology. **Please register by Friday, October 3rd.**

PERSONALIZED PAINT POUR SIGN

Wednesday, October 8th and 15th at 10:00 am Create a stunning, personalized fall sign in this two-part paint pour workshop. This is a 2 part class.

Session 1 10/8: Unleash your creativity by making a unique paint pour background. You will also design and cut custom vinyl lettering for your sign using a Cricut.

Session 2 10/15: Bring your sign to life! You will apply your custom lettering and embellish your sign with a variety of other fun decorations. **The fee is \$25pp cash. Please pay at time of registration. Registration ends Monday, October 6th.**

CAREGIVING: GUILT AND DUTY

Wednesday, October 8th at 1:00 pm Join us for an enlightening discussion that delves into the emotional landscape of caregiving. This presentation will explore the nuances of guilt and duty often experienced by caregivers.

We'll cover essential topics such as:

Defining Caregiver Guilt and Duty: Unpacking the Emotional Burden

Strategies for Managing Caregiver Guilt: Practical Tips and Psychological Insights

Enhancing Your Health and Well-being: Self-care Techniques for Caregivers

Leveraging Technology: Innovative Tools to Aid in Caregiving

Please register online or by calling the front desk by Monday, October 6th.

COMMUNITY VACCINE CLINIC sponsored by the South Central Health District and Stop and Shop

Tuesday, October 14th from 9:00-11:00am

Vaccines available:

Flu (high dose, Flublok, & regular)

2025-25 COVID-19

RSV

TDAP

Pneumonia

Shingles

Subject to availability

Ages 19+ Please bring insurance card. Drop-in.

HOW TO ADD HAPPINESS IN YOUR EVERYDAY LIFE

Wednesday, October 15th at 10:00am This program is hosted by The Orchards/ HHC. In this program you will:

Learn what happiness truly means and how it impacts your overall well-being

Participate in a calming guided meditation

Receive a complimentary blood pressure check to support both your mental and physical health.

Please register online or at the front desk by Tuesday, October 14th.

Italian Night

Tuesday, October 21st from 5:00-9:00pm You are cordially invited to Italian Night at the Aqua Turf Club! Enjoy House Garden Salad, Penne Bolognese, Chicken Parmigiana, Meatballs and Sausage, Green Beans, Roasted Rosemary New Bliss Potatoes, and Ice Cream with Chocolate Sauce. We will have a DJ and raffles too! Tickets will be available for purchase at the front desk for \$38pp cash or check payable to the Calendar House. Tickets will be available until Tuesday, October 14th.

This event is subsidized by the Calendar House Membership Association.

10 EARLY SIGNS OF PARKINSON'S DISEASE

Thursday, October 16th at 2:00pm It can be hard to tell if you or someone you know has Parkinson's disease. (PD) PD is a neurodegenerative disorder that predominately affects dopamine-producing neurons in a specific area of the brain. Symptoms generally develop slowly over the years. Join this class to learn more about the 10 warning signs and next steps.

Speaker: Patty O'Brian, Dementia Specialist, Hartford Healthcare Center for Healthy Aging and Parkinson's Foundation Ambassador. **Register online or at the front desk by Wednesday, October 15th.**

AGING IN PLACE: HOW TO PROTECT ASSETS AND STAY AT HOME

Monday, October 20th at 1:00pm Did you know that Connecticut is among the top 3 states with the highest costs for nursing home and long-term care? That's why it is so important to do your due diligence and protect everything that you have worked SO hard for – and if possible – to do so while remaining in the comfort of your home!

In this program, estate planning and elder law attorney Colleen Masse will help you better understand how to avoid putting your hard earned assets at risk in a way that can best position you to stay in your own home and age in place. Specifically, you'll learn about Medicaid and other public benefit programs the state has to offer as well as strategies that married or single people can use to protect their assets.

Please register online or call the front desk at 860-621-0314 by Friday, October 17th.

INTERGENERATIONAL HALLOWEEN PARTY



Thursday, October 23rd 6:00pm The Calendar House will be hosting a very special Halloween event and we want you to invite your grandchildren! Feel free to wear your costumes and enjoy the party. We have some great activities planned and a special showing of "It's the Great Pumpkin Charlie Brown". We will have a photo booth, snacks, a spooky Halloween punch and goody bags for the kids!

Please purchase your tickets at the front desk by Monday October 20th. Fee is \$5 cash per adult.

HOLIDAY TEA

Tuesday, November 18th at 1:00 pm Join us for our 3rd Annual Holiday Tea! Join Diana Sheard, Community Services, The Barnes Museum, and the Calendar House for a charming afternoon full of fun, food, and holiday cheer! We will enjoy a presentation from Christina Volpe, curator of the Barnes Museum, tea, wonderful food, desserts, raffles, and other fun! **Tickets will be available October 16th at the Calendar House for \$15pp. Cash only.**

ANNUAL HOLIDAY PARTY

Thursday, December 4th 11:00am-4:00pm Tickets for the Calendar House Annual Holiday Party will be on sale in the office Monday, October 27th through Thursday, November 20th or until sold out. Tickets are \$42pp with a generous subsidy by the Calendar House Membership Association. If requesting to be seated at a specific table, please decide the designated table name before purchasing tickets and be sure to specify that name as the group you wish to be seated with when purchasing. Even if you do not have enough for a full table, and wish to be seated with one or several individuals, **PLEASE** indicate that when purchasing tickets. Check-in begins at 11:00am and lunch is served at noon.

On the Menu

House Garden Salad * Penne Bolognese
Baked North Atlantic Cod * Roasted Pork Loin
Whipped Potatoes * Mixed Vegetable Medley
Fresh Baked Rolls and Butter
Coffee, Tea & Soda (Cash Bar Available)
Vanilla Ice Cream w/Hot Fudge Topping

Enjoy entertainment by DJ Billy Jones, raffles, and holiday fun with friends! Dial-A-Ride bus service is available; please request when purchasing tickets or at least one week prior. Happy Holidays!



NUTRITION

Due to recent federal funding cuts there have been changes to the Nutrition Program provided by RW Solutions at Calendar House Senior Center. **RW Solutions** now serves lunch 3 days per week on Monday, Tuesday and Friday. **Southington Bread For Life** serves meals at Calendar House two days per week on Wednesday and Thursday. Meals for both programs must be pre-ordered and will be served at noon. See below for details on each program.

RW Solutions — Serving Monday, Tuesday and Friday. Meals are limited to individuals age 60+. A completed form-5 from the State of CT Department of Social Services/Elderly Division is required to participate. Please see the Café Manager for a form. A donation of \$3.00 per meal is suggested. Meals must be ordered by Tuesday at noon for Friday and for the following Monday and Tuesday. See the Café Manager or call 860-621-6738 to order or cancel a meal.

There is a daily limit of 25 meals.

Bread For Life — Serving Wednesday and Thursday. Please order meals by Friday at noon for the **following** Wednesday and Thursday at the Calendar House front desk or by calling 860-621-3014. **There is a daily limit of 25 meals.** A suggested donation of \$3 to **Southington Bread For Life** will be accepted when you receive your meal.

DIAL-A-RIDE

The Calendar House DIAL-A-RIDE provides free transportation to residents of Southington aged 55+ and Southington residents aged 18+ with disabilities. To provide efficient, reliable, safe transportation to all our riders, there are specific guidelines to be followed.

Following is a brief overview. Our complete guidelines can be picked up in the Calendar House office or viewed by visiting www.calendarhouse.org and clicking on Dial-A-Ride Bus Service. Your cooperation is anticipated & appreciated. Our primary objective is to provide the service that you need in a timely and reasonable manner. **For questions and reservations call 860-621-3014.**

CT Transit Route 532/CTfastrak: Calendar House Dial-A-Ride transportation to stops at Price Chopper, Stop and Shop and Walmart on the CT Transit Route 532 bus line and to the CTfastrak 928 Southington-Cheshire Waterbury Express service located at the Plantsville Park & Ride is available during our regular hours of operation with a minimum of one week advance notice. Please call to schedule.

Medical Appointments: Calendar House provides rides for dialysis, as well as medical and dental appointments. Please provide a minimum of one week advance notice for all appointments; the more

advance notice the better! We will do our best to accommodate appointment requests, but there are times when the schedule fills. Under normal circumstances, last minute requests cannot be accommodated.

In-town medical appointments: Please schedule in-town appointments between the hours of 8:30 a.m. and 2:30 p.m.

Out-of-town medical appointments: Please plan according to the following schedule: Mondays & Wednesdays to: Plainville, New Britain & Meriden/Midstate; Tuesdays & Thursdays to: Plainville, Bristol & Farmington; Friday to: Hartford HealthCare, Cheshire; Please schedule out of town appointments between 9:30 a.m. and 1 p.m.

Shopping, Personal and Hair Appointments: Please schedule for Tuesdays and Thursdays only and provide at least one week advanced notice.

Calendar House: Rides are available Monday—Friday to and from Calendar House for activities, programs, appointments and lunch with at least one week advance scheduling.





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Calendar House - Southington, CT

06-5315

Trip Desk is held in the Calendar House lounge from 1—3 p.m. on Mondays and 10 am—12 noon on Wednesdays. Updates can be found at www.calendarhouse.org under the trips tab! Flyers are available for pick-up in the “rounder” in the lounge area. Questions? Call Lana White at 860-621-3779. The Calendar House Trip Desk is comprised of all **VOLUNTEERS** dedicated to bringing new and exciting trip opportunities to our Center. All Calendar House trips are **NOT FOR PROFIT**, and volunteers do not receive any compensation/perks for their time. Please note: credit cards are not accepted for day trips.

2025

Wed/ Nov 19th FIREPLACE FEAST AT THE SALEM CROSS INN The Salem Cross Inn is a restored 18th century farmhouse in West Brookfield, MA. Enjoy a Cider Reception with cheese and crackers, tour the Inn, and go on a horse drawn carriage ride around the property. The meal will consist of Chowder of the Sea, Prime Rib that is cooked in an open hearth, Veg., Potato, Apple Pie with fresh whipped cream. Vegetarian option: Pasta Primavera. \$158pp

Wed/Dec 3rd CHRISTMAS CHARM IN MASSACHUSETTS Enjoy a delicious lunch at the Steaming Tender Restaurant. The Restaurant is a restored train station that is decorated with train memorabilia. The meal consists of: Salad, a choice of Chicken Pot Pie, Meatloaf, or Haddock Florentine, veg., dessert/ coffee. Stop at Randall's Farm Market, and experience the 2.5 mile Bright Nights at Forest Park in the motor coach. \$149pp

Wed/Dec 10th KENNY AND DOLLY-A SMOKY MOUNTAIN CHRISTMAS This is a tribute show that recreates the amazing talents of Kenny Rogers and Dolly Parton at the Aqua Turf Club. Dinner included. \$97pp

Thurs/Dec11th RADIO CITY CHRISTMAS SPECTACULAR This tour includes: Round trip transportation, Tour director, free time in the city, orchestra seats at Radio City Music Hall and gratuities. \$215 pp

Tues/Nov 11th JIMMY MAZZ -FEVER 'N CHILLS SHOW Tom Jones and Karen Carpenter tribute. Dinner included. Aqua Turf \$55pp

Tues/Dec 9th HOLIDAY CLASSICS WITH THE CARTELLS Featuring a sing-a-long from The Glamour Girls. Santa and Mrs. Claus will be there too! Choice of Roasted Turkey or Baked Cod. Aqua Turf \$55pp

2026

Tues/ March 10th ST. PATRICKS DAY CELEBRATION Featuring The Mclean Avenue Band and Irish Step Dancers! Corned Beef and Cabbage/ Baked Cod. Aqua Turf \$57pp

Tues/ April 14th ROCK N ROLL HEAVEN Dave Colucci gives a spectacular show playing tribute to music legends that left us too soon. Elvis, Buddy Holly, Bobby Darrin and other artists will be featured. Chicken Kathryn/ Baked Ham. Aqua Turf \$57pp

**All Aqua Turf events are drive yourself.*

HIGHLIGHTED TRIPS

Feb 5-8th 2026 Quebec Winter Carnival 3 nights, 4 star Hilton Hotel in Quebec City, 6 meals, guided tour of Quebec, Beupre Coast, access to the Quebec Winter Carnival, VIP seats for the Night Parade and roundtrip motorcoach. \$1249 Triple-\$1699 Single

Feb 22nd-Mar 6th 2026 NCL BREAKAWAY CARIBBEAN CRUISE 13 days/12 nights, Cruise includes ports of call in St. Kitts, Barbados, St. Lucia, Antiqua and St. Thomas. Enjoy entertainment, amazing food, and all of the other amenities on the Breakaway. **Prices vary from \$1499-\$1929pp +taxes**

LOCATION & STAFF

388 Pleasant St.
 Southington, CT 06489
 Phone: 860-621-3014
www.calendarhouse.org
 HOURS: 8:30 a.m.—4:30 p.m.
 Monday—Friday

In case of INCLEMENT WEATHER, all delays and/or closings will be posted under the name CALENDAR HOUSE on WFSB Channel 3 and on the www.wfsb.com website. **Calendar House DOES NOT follow Southington Public Schools for closings and delays.**

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