

Active Lifestyles

CALENDAR HOUSE OF SOUTHTON



SEPTEMBER 2025 NEWSLETTER

FROM THE STAFF...

Welcome to your redesigned newsletter! We hope you like the new look.

Fall is upon us and we want to get some active and creative programs in before we feel the chill in the air.

Since September is Senior Center Month, we want to show how amazing our center is by competing with South Windsor Senior Center in a fitness challenge! More details inside.

We have a very diverse program selection this month. We have a program on Pasta with Anna Olivia, SoCCA will be here for an art program, a Yoga 101 presentation, and a "Mindful Outdoor Experience" class scheduled for September. We strive to bring you new programs and experiences here at the Calendar House each and every month.

Just a reminder to our Veterans, our coffee hour starts again this month. We will meet September 19th at 9:30 in the Main Hall.

The Fall session of enrichment classes starts in October. Please don't forget to register.

Please note: Active Lifestyles is available at Calendar House, Town Hall, the Municipal Center, Library and Senior Housing sites. It is also available at the calendarhouse.org website. To subscribe, please go to: www.mycommunityonline.com and type "Calendar House" near "Southington"; Click "latest newsletter" and "subscribe"; fill in your e-mail and name and you're all set!

-The Calendar House Staff



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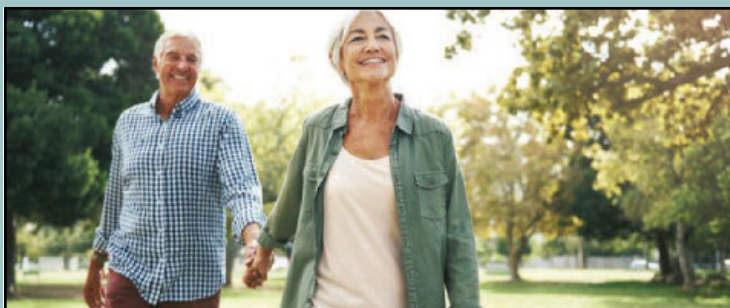
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Calendar House - Southington, CT

06-5315

Welcome to Calendar House!!

Calendar House Mission Statement:

Calendar House, the Town of Southington's Senior Center is a multipurpose facility which provides a focal point in the community for residents 55 and older, and residents aged 18 and older, who are disabled, as defined by Social Security standards.

The Center's purpose is to serve as a resource center, providing a broad range of services and activities to meet the diverse social, physical and intellectual needs of older adults and disabled individuals.

This facility is unique in that our members and staff are encouraged to help implement various activities to reinforce positive attitudes and preserve individual dignity.

In pursuing its mission, this Center shall enhance an atmosphere of compassion, equality and mutual concern for all older adults and disabled individuals.



AARP Smart Driver

Friday, September 12th from 9am- 1pm

Learn ways to adjust for aging and health related driving issues. CT specific information is covered. \$20 for AARP Members; \$25 for Non AARP Members. Cash or check payable to AARP collected by instructor prior to start of class. Class sizes are limited. Call 860-621-3014 to register. An on-line course is also available. To register for online course visit: <https://www.aarpdriversafety.org/>

MEMBERSHIP

MEETING

**Featuring
Jukebox 45 Trio**



September 25, 2025 at 1:00pm

Attend a brief business meeting followed by musical entertainment.

Jukebox45 Band presents DooWop performances that resonate with audiences of all ages and include music by artists like The Duprees, Fred Parris and the 5 Satins, The Ray's, and Larry Chance and the Earls. Performances celebrate the essence of Rock' n Roll, providing an unforgettable experience for all.

Our community partner, Raymond Senior Planning will provide delicious cake for you to enjoy as well!

Register at the front desk, by calling 860-621-3014 or online by Tuesday, September 23rd.



In Memoriam

Donations in memory or in honor of a friend or relative may be made to the Calendar House Memorial Fund and are gratefully accepted.



STATE OF CT

RENTERS' REBATE PROGRAM

The State of Connecticut provides a reimbursement program for Connecticut renters who are elderly or totally disabled, and whose incomes do not exceed certain limits. Persons renting an apartment or room, living in cooperative housing and individuals residing in mobile homes who pay monthly lot rent may also apply. The rebate amount is based on a graduated income scale; and the amount of rent and utility payments made in the calendar year prior to the year the renter applies (2024 info).

Applicants must have resided in CT for one year or more.

- You must have reached age 65 by December 31, 2024. (if married, only one spouse need be 65+)
- Individuals who are 100% totally, permanently disabled may apply regardless of age, but must show proof of Social Security Disability.
- Income Guidelines: \$45,200 Single Individual; \$55,100 Married Couple.
- You must provide copies of documentation of all 2024 income; including your 2024 Income Tax Return (if filed), as well as a copy of your 2024 SSA-1099; utility payments; rent receipts or monthly rent statements (please do not send originals).
- NEW APPLICANTS: If you have not previously applied, please provide your SS#, phone number, and a copy of your drivers license OR proof of residency and date of birth.

We are currently accepting applications. The last day to apply is Tuesday, September 30th. To apply, please bring copies of your required 2024 income, utility and rent documentation to Calendar House, 388 Pleasant Street, Southington, CT. 06489, or simply drop your paperwork in a sealed envelope in the secure drop box located at the entrance of the Calendar House building Attn: Rent Rebate. Please make sure to include your phone number so that we can reach you if we have any questions. For more information please call 860-621-3014.



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Calendar House - Southington, CT

06-5315

SEPTEMBER 2025

CALENDAR OF MONTHLY EVENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CENTER CLOSED 	2 2:30-4:30 Wheeler Clinic	3	4 1:00-End of Summer Cook Out	5
8 12:00 Realty 3 1:00 Hands Only CPR Class	9	10 1:00 Pasta 101	11 1:00 Art Van Go	12 9-1 AARP Smart Driver Class
15	16 1:00 Yoga 101	17 9-11 Raymond Senior Planning Informational Table 9:30-11:30 Wheeler Clinic 1:00 Focus Group	18	19 9-10 Berkshire Hathaway Real Estate Information Table 9-12 Quilts of Valor 9:30 Veterans Coffee Hour
22 10:00 Mindful Outdoor Experience 10:00 Fall Prevention Program	23 1:30 Mocktails and Trivia	24 10-11 Blood Pressure Clinic and Discussion	25 1:00 Membership Meeting Jukebox 24	26 10:00 Probate Forum 1:00 Birthday Bingo 1:30 Marisa Malone
29 9-10 Diabetes and Pre-Diabetes Support Group	30 12:00 Calendar House Book Club			

Daily Drop Ins from 8:30-4:30
Pool, Ping Pong, Sit 'n Be Fit, Active Walkers,
Cardio Room, Library, Puzzle Makers, Coffee
and Conversation



ALL DAY, EVERY DAY @ CALENDAR HOUSE

Pool Players/Ping Pong
Cardio Room
Active Walkers (Walking Track)
Library/Puzzle Makers
Coffee 'n Conversation in the Lounge
Lunch is available Monday-Friday with advanced registration. See page 10 for details.

COMPUTER LEARNING CENTER @ CALENDAR HOUSE

Visit: www.calendarhouse.org
and click on the "Tech Classes" tab for class information.
Computer Lab Hours:
Mondays: 10 a.m.—noon
Wednesdays: 1—3 p.m.

ENRICHMENT CLASSES

MONDAY: Quilting Informal Work Session 9 – 12pm ends on 9/22
WEDNESDAY: Independent Watercolor @ 1:30 ends on 9/24
Fall Enrichment Class registration will be held 9/2 -9/12. See page 7 for information.

MONDAY

Gentle Seated Yoga: 9:15
(\$8 drop-in fee)
Line Dance: 9:30
Computer Lab : 10-12
Sit 'n Be Fit: 11:15
Mahjong: 12:30—Need lessons? Call Lee Daley at 239-821-7760!
Pickleball: 1-3
Cardio Drum: 2-2:30

TUESDAY

Group Exercise: 9 & 10
Open Art Studio: 10-12
(\$10 drop-in fee)
Cribbage: 10-12
Sit 'n Be Fit: 11:15
Balance and Stability 12:30- 1:30
(\$8 drop-in fee)
Pickleball: 1-3
Cardio Drum: 2-2:30

WEDNESDAY

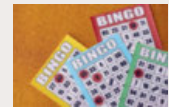
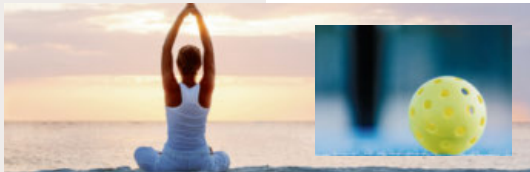
Gentle Seated Yoga: 9:15 (\$8 drop-in fee)
Line Dance: 9:30
Pinochle: 9:30-11:30
Granny Squares: 10-12
Sit 'n Be Fit: 11:15
Set Back: 12:30-3
Computer Lab: 1-3
Pickleball: 1-3
Cardio Drum: 2-2:30

THURSDAY

T.O.P.S.: 8:30
Group Exercise: 9 & 10
Tap Dancing: 10-11
Stained Glass Group: 10:30
Sit 'n Be Fit: 11:15
Hand & Foot Card Game: 12:30 (9/11 +9/25)
Party Bridge: 1-3:15
Pickleball: 1-3
CXL 9/4,9/25
Scrabble: 1-3
Breathwork and Meditation: 1:00 (\$8 drop-in fee)
Cardio Drum: 2-2:30

FRIDAY

Gentle Yoga: 9:30
(\$8 drop-in fee)
Sit 'n Be Fit: 11:15
Bingo: 1:00
9/26 is Birthday Bingo! Receive a free card to play AND a cupcake if your birthday is in August. Register at the bingo table prior to 9/26.
Cardio Drum: 2-2:30



HEALTH AND WELLNESS

NEW! FREE BLOOD PRESSURE CLINIC AND DISCUSSION

The Orchards of Southington holds a free blood pressure screening clinic at Calendar House on the last Wednesday of each month from 10:00-11:00 a.m. **The next clinic will be held on Wednesday, September 24th . Please register online or by calling the front desk at 860-621-3014 by Tuesday, September 23rd.**

T.O.P.S. CLUB

T.O.P.S. (Taking Off Pounds Sensibly) meets at Calendar House on Thursday mornings at 8:30 a.m. for weigh-in and a weekly meeting. Thinking about losing weight, but don't know where to start? Drop in! (Nominal fee applies).

WHEELER CLINIC HEALTH OUTREACH People impacted in any way by mental health problems and/or substance use disorders can drop in to visit Magdalin Odoi, Sr. Community Health Outreach Coordinator, to discuss treatment options, and receive education and resources on **Tuesday, September 2nd from 2:30 to 4:30 p.m., or Wednesday, September 17th from 9:30 to 11:30 a.m.** For more info contact Magdalin Odoi at modoi@wheelerhealth.org or call 860-604-7448.

PRE-DIABETES/DIABETES SUPPORT GROUP

Whether you are curious, newly diagnosed or have been managing for years, this group offers education, support, and practical tips. Topics include prediabetes, diabetes basics, nutrition, medications, exercise, monitoring and coping strategies. Betsy will answer your questions and offer discussion on: "I feel fine, why and how should I pay attention?" By: Betsy Gaudian MSN, RN-BC, RDN, CDCES. **This free group will meet on the last Monday of each month from 9:00-10:00 a.m. at the Calendar House.** Sign up at the front desk, call 860-621-3014, or register online by visiting schedulesplus.com/chs

CHAIR MASSAGE/REIKI HEALING Ten Minute Chair Massages with licensed massage therapist Steve Casillas are available on Tuesday mornings. The fee is \$15, paid directly to Steve. To schedule or cancel, contact Steve at 860-329-1609. Forty-five minute Reiki Healing Sessions with Jennifer Michnowicz are available on varying days. The fee is \$30, paid directly to Jennifer. To schedule or cancel, contact Jennifer at 860-919-7365.

Calendar House Art and Enrichment Classes Fall/Spring 2025/26

Calendar House Art and Enrichment class registration will be held September 2nd- 12th. Registration forms will be accepted in person or by mail (no phone registrations) and can be found online at www.calendarhouse.org or at the Calendar House front desk. Unless indicated, classes will run for two sessions; fall and spring and you will be registering for both. Spring start dates will be announced in January. Waiting lists will be established if classes reach capacity. Classes are FREE*, unless otherwise noted below.

All Level Quilting w/Milinda Vinton: (Mondays, starting 9/29 for 10 weeks, 10 am–12 Noon in Room 1A). Are you a quilter? Would you like to learn? Quilters of all levels are welcome to this unstructured class. Start a new project or finish one that you've set aside. Work on your own project under the guide of an experienced quilter and have fun while expanding your knowledge and skills!

Beginning/Advanced Drawing w/Sue Riley: Monday mornings 10am to noon starting 9/29 or Thursdays starting 10 am to noon and noon-2:00pm in Room 2 starting 10/2). With the right techniques, you can learn to bring pencil drawing to life. Participants learn the basics of composition, value, contour lines, negative and positive space and perspective, all while practicing a wide variety of pencil techniques working from photos and subject matters interesting to the student. Please register for one day only, either Monday or Thursday. Each Class is limited to 12 students.

Poetry for Everyone! w/Pat Mottola: (Tuesdays, starting 9/30 for 10 weeks, 10–11:30 am in Room 2). "Poetry fills the empty spaces." In a relaxed, interactive classroom setting, students will discover poetry, learning about past and present poets, their styles, their influence, and discovering what's new on the current poetry scene. Class is limited to 12 students.



Acrylic Painting w/Pat Mottola: (Tuesdays, starting 9/30 for 10 weeks, 12:00–2 pm in Room 2). Students will explore techniques of using the versatile medium of acrylic paint on canvas. Emphasis on creative color mixing. Students are encouraged to experiment with different subject matter and develop their own personal style. Some drawing or painting experience helpful. Class is limited to 16 students.

Watercolor w/Penny Kindblom: (Wednesdays, starting 10/1 for 10 weeks, 1:30–3:30 pm in Room 2). Explore the world of water color painting! Penny will walk you through the preparation and painting process and you will complete an 8 x 10 design! A supply list is available at the front desk. Paints will be provided by Calendar House. *There is a \$2 fee payable to the instructor for a printed pattern packet including a color photo and design transfer. You will receive the packet the first week of class. The atmosphere will be informative and relaxed in an attempt to create an enjoyable experience for all. Please join Penny and let your watercolor journey begin! Class is limited to 12 students.

COMING SOON!-Memoir:Who Will Tell Your Story? Create a valuable gift for future generations with this stimulating class, led by Pat Mottola. More details to come...

September is...Senior Center Month!

September Fitness Challenge -- Southington Calendar House vs South Windsor Senior Center! Let's see which center has the most check-ins to their cardio/fitness rooms for the month of September! The center with the most check-ins wins "bragging rights!" If Southington Calendar House has the most check-ins for the month of September, all members that checked in will receive a small prize. The Calendar House member with the most check-ins for the month of September will win a fitness journal! Let's Go Calendar House!!



SIT 'n BE FIT

A gentle, seated, slow moving DVD workout by Mary Ann Wilson, RN. Ideal for anyone managing arthritis pain! This drop-in class is offered Monday through Friday at 11:15 a.m. (20 students max)

CARDIO DRUMMING

During this group exercise class you will follow along with specially selected YouTube videos that run from 20 to 30 minutes. You will use a large inflatable exercise ball placed in a bucket for stability and drum sticks. Follow along with the music and moves to keep the beat and get a great cardio workout while toning your muscles, too! It's easy and FUN! These classes can be done seated or standing and you can move at your own pace. All equipment will be provided. This drop-in class is offered Monday through Friday at 2 p.m. (10 students max)

GENTLE SEATED CHAIR YOGA w/ CYNTHIA Mondays from 9:15-10:15 a.m. This Drop-in class will include gentle yoga performed in a chair and postures using support of the wall or at the exercise bar. Please wear non-slip shoes or socks and comfortable clothes! **Your first class is always FREE, then pay \$8 per class to instructor, payable to Cynthia Griffin.**

NEW! BALANCE AND STABILITY CLASS W/CYNTHIA Tuesdays from 12:30-1:30pm. We all need a little more balance in our lives.

This 7 week drop-in class is taught by Certified Yoga instructor Cyntia Griffin (past certified Personal Trainer and CT Licensed Massage Therapist).

Learn how to feel and move with more balance and stability. This class emphasizes slowing down and concentrating on deliberate movements rooted in Yoga, Tai Chi Chuan, and core exercises to enhance your daily living skills. No need to get down on the floor. Movements will be done standing, walking, sitting in a chair, holding onto an exercise bar or utilizing a wall. No experience necessary.

Check with your physician before taking this class.

Please wear comfortable clothes and "supportive" workout sneakers/shoes (with orthotics if you use them daily).

Cost: Each class \$8 cash is paid directly to the instructor. Drop-in.

TUESDAY/THURSDAY GROUP EXERCISE

These exercise classes include cardio, strength, and balance. Please bring hand weights to class. These drop-in classes are offered on Tuesdays w/Kim at 9 & 10 a.m. and Thursdays w/ Marcia at 9 & 10 a. m. (12 students max)

SEATED & GENTLE YOGA w/ CLEMENTINE

Drop-in Wednesday at 9:15-10:15 a.m. for seated yoga and Friday at 9:30-10:30 a.m. for gentle yoga. Please wear non-slip shoes and comfortable clothes!

Your first class is always FREE, then pay \$8 per class payable to the instructor.

BREATHWORK & MEDITATION w/ CYNTHIA

Thursdays from 1:00-1:45 This drop-in class can be done in a chair or on a yoga mat. No experience necessary to explore the many benefits of being in the moment with gentle easy movements, breathwork and meditation. Each week you will learn different aspects of these calming techniques. Please wear comfortable clothing. **Your first class is free, then pay \$8 to the instructor, payable to Cynthia Griffin.**

MONTHLY PROGRAMS

HOW TO REGISTER FOR PROGRAMS:

Most programs at Calendar House require pre-registration. If a program says:

- **Register online:** Visit schedulesplus.com/chs to register.
- **Call to register:** Simply call us at 860-621-3014, or stop by the front desk to register.
- **Pay to register:** Stop at the front desk to register and make your payment at that time. Registrations will not be taken without payment.
- **Drop-in:** There is no need to pre-register. Just drop in!

BERKSHIRE HATHAWAY INFORMATION TABLE W/ LISA OLSON, REALTOR

Friday, September 19th, 9-10 a.m. Drop-in. Meet with Lisa Olson for any real estate questions you may have!

RAYMOND SENIOR PLANNING

Wednesday, September 17th 9:00-11:00 am.

Beata Raymond will be in the Calendar House lobby to answer questions you may have on all things Medicare! Drop-in.



SEPTEMBER 2025 WEEKLY ACTIVITIES/PROGRAMS 9

REALTY 3 INFORMATION TABLE

Monday, September 8th 12:00-1:30pm

Margie Chupron and Diane Epps, both Realtors® with Realty 3 CT, are excited about the opportunity to connect with members of the senior community who may have questions about the Southington real estate market. Drop in.

JOHN E. DEMELLO SR. VETERANS COFFEE HOUR

Friday, September 19th at 9:30 am

Co-sponsored by the Calendar House and the Town of Southington Veterans Committee, this Veterans only coffee hour is held the 3rd Friday of the month from 9:30-10:30 a.m. at the Calendar House Senior Center. **No registration is required, just drop in!**

PROBATE FORUM

w/Matthew Jalowiec, Probate Judge

Friday, September 26th, 10 to 11 a.m. Register online or call before Thursday, September 25th.

SEPTEMBER PROGRAMS

HANDS ONLY CPR & FIRST AID TRAINING

Monday, September 8th at 1:00pm Join South Central Health District for a Hands Only CPR & First Aid training! Exposure to CPR builds confidence, creates a culture of preparedness, & reduces anxiety surrounding emergency response. In the training you will learn how to identify when CPR is needed, perform effective hands-only CPR, and learn how to operate an AED. **Please register online or call the front desk at 860-621-3014 by Thursday, September 4th.**

PASTA 101: TYPES, INGREDIENTS, AND PAIRINGS

Wednesday, September 10th at 1:00pm Join public speaker and Italian culture educator Anna Oliva for Pasta 101—a lively and engaging introduction to Italy's most iconic dish: pasta! You'll explore the fascinating stories behind pasta shapes, learn about key ingredients, and discover the secrets to perfect pairings with sauces!

As a special treat, Anna will also offer a live demonstration on how to make traditional cavatelli by hand.

Anna Oliva is a passionate advocate for Italian culture, cuisine, and history. With deep roots in Italy, she shares her knowledge through engaging workshops that bring the flavors and traditions of her homeland to life. Her sessions are designed to educate, inspire, and make Italian cooking approachable for everyone. **Please register online or call the front desk at 860-621-3014 by Friday, September 5th.**

SOCCA- ART VAN GO!

Thursday, September 11th at 1:00pm Create a unique abstract work of art using painted papers in this fun and expressive workshop. Participants will select from painted paper strips and create a colorful composition by layering and weaving the paper into an abstract work of art. The artwork will be suitable for framing. **Please register in person by Monday, September 8th. Fee is \$20pp paid at the time of registration.**

YOGA 101

Tuesday, September 16th at 1:00pm Want to know more about Yoga? Join our yoga instructors, Cynthia Griffin and Clementine Delaney, and learn about the physical and mental health benefits of yoga. They will explain the different types of yoga, meditation and how they work together for a more peaceful life. Enjoy light refreshments during the presentation. **Please register online or call the front office by Friday, September 5th.**

MINDFUL OUTDOOR EXPERIENCE

Monday, September 22nd at 10:00am Join Jennifer for a mindful outdoor experience on the autumnal equinox. This is an outdoor stroll with moments of mindfulness meant to deepen your connection with nature. Similar to Shinrin-yoku, Japanese for forest bathing, we will immerse ourselves in nature to experience its scientifically proven therapeutic benefits, such as, stress reduction and improved well-being. There will be time for chatting, for silent, individual reflection called a "sit-spot" and a group share called a council. (Sharing is optional). Please wear sneakers and comfortable clothing. Feel free to bring a blanket or outdoor chairs for sitting.

Please register online or by calling 860-621-3014 by Thursday, September 25th. \$10pp. Please pay the instructor.

Italian Night

Tuesday, October 21st from 5:00-9:00pm You are cordially invited to Italian Night at the Aqua Turf Club! Enjoy House Garden Salad, Penne Bolognese, Chicken Parmigiana, Meatballs and Sausage, Green Beans, Roasted Rosemary New Bliss Potatoes, and Ice Cream with Chocolate Sauce. We will have a DJ and raffles too! Tickets will be available for purchase starting Monday, September 22nd for \$38pp. This event is subsidized by the Calendar House Membership Association.

NUTRITION

Due to recent federal funding cuts there have been changes to the Nutrition Program provided by RW Solutions at Calendar House Senior Center. **RW Solutions** now serves lunch 3 days per week on Monday, Tuesday and Friday. **Southington Bread For Life** serves meals at Calendar House two days per week on Wednesday and Thursday. Meals for both programs must be pre-ordered and will be served at noon. See below for details on each program.

RW Solutions — Serving Monday, Tuesday and Friday. Meals are limited to individuals age 60+. A completed form-5 from the State of CT Department of Social Services/Elderly Division is required to participate. Please see the Café Manager for a form. A donation of \$3.00 per meal is suggested. Meals must be ordered by Tuesday at noon for Friday and for the following Monday and Tuesday. See the Café Manager or call 860-621-6738 to order or cancel a meal. **There is no daily limit until September 30th.**

Bread For Life — Serving Wednesday and Thursday. Please order meals by Friday at noon for the **following** Wednesday and Thursday at the Calendar House front desk or by calling 860-621-3014. **There is a daily limit of 25 meals.** A suggested donation of \$3 to **Southington Bread For Life** will be accepted when you receive your meal.

DIAL-A-RIDE

The Calendar House DIAL-A-RIDE provides free transportation to residents of Southington aged 55+ and Southington residents aged 18+ with disabilities. To provide efficient, reliable, safe transportation to all our riders, there are specific guidelines to be followed. Following is a brief overview. Our complete guidelines can be picked up in the Calendar House office or viewed by visiting www.calendarhouse.org and clicking on Dial-A-Ride Bus Service. Your cooperation is anticipated & appreciated. Our primary objective is to provide the service that you need in a timely and reasonable manner. **For questions and reservations call 860-621-3014.**

CT Transit Route 532/CTfastrak: Calendar House Dial-A-Ride transportation to stops at Price Chopper, Stop and Shop and Walmart on the CT Transit Route 532 bus line and to the CTfastrak 928 Southington-Cheshire Waterbury Express service located at the Plantsville Park & Ride is available during our regular hours of operation with a minimum of one week advance notice. Please call to schedule.

Medical Appointments: Calendar House provides rides for dialysis, as well as medical and dental appointments. Please provide a minimum of one week advance notice for all appointments; the more

advance notice the better! We will do our best to accommodate appointment requests, but there are times when the schedule fills. Under normal circumstances, last minute requests cannot be accommodated.

In-town medical appointments: Please schedule in-town appointments between the hours of 8:30 a.m. and 2:30 p.m.

Out-of-town medical appointments: Please plan according to the following schedule: Mondays & Wednesdays to: Plainville, New Britain & Meriden/Midstate; Tuesdays & Thursdays to: Plainville, Bristol & Farmington; Friday to: Hartford HealthCare, Cheshire; Please schedule out of town appointments between 9:30 a.m. and 1 p.m.

Shopping, Personal and Hair Appointments: Please schedule for Tuesdays and Thursdays only and provide at least one week advanced notice.

Calendar House: Rides are available Monday—Friday to and from Calendar House for activities, programs, appointments and lunch with at least one week advance scheduling.





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Calendar House - Southington, CT

06-5315

Trip Desk is held in the Calendar House lounge from 1—3 p.m. on Mondays and 10 am—12 noon on Wednesdays. Updates can be found at www.calendarhouse.org under the trips tab! Flyers are available for pick-up in the “rounder” in the lounge area. Questions? Call Lana White at 860-621-3779 . The Calendar House Trip Desk is comprised of all **VOLUNTEERS** dedicated to bringing new and exciting trip opportunities to our Center. All Calendar House trips are **NOT FOR PROFIT**, and volunteers do not receive any compensation/perks for their time. Please note: credit cards are not accepted for day trips.

2025

Wed/Oct 15th LYNDHURST IN THE FALL Enjoy lunch at The Old 76 House in Tappan, New York before taking a guided tour of Lyndhurst Mansion in Tarrytown. \$160pp

Wed/ Nov 19th FIREPLACE FEAST AT THE SALEM CROSS INN The Salem Cross Inn is a restored 18th century farmhouse in West Brookfield, MA. Enjoy a Cider Reception with cheese and crackers, tour the Inn, and go on a horse drawn carriage ride around the property. The meal will consist of Chowder of the Sea, Prime Rib that is cooked in an open hearth, Veg., Potato, Apple Pie with fresh whipped cream. Vegetarian option: Pasta Primavera. \$158pp

Wed/Dec 3rd CHRISTMAS CHARM IN MASSACHUSETTS Enjoy a delicious lunch at the Steaming Tender Restaurant. The Restaurant is a restored train station that is decorated with train memorabilia. The meal consists of: Salad, a choice of Chicken Pot Pie, Meatloaf, or Haddock Florentine, veg., dessert/ coffee. Stop at Randall's Farm Market, and experience the 2.5 mile Bright Nights at Forest Park in the motor coach. \$149pp

Wed/Dec 10th KENNY AND DOLLY-A SMOKY MOUNTAIN CHRISTMAS This is a tribute show that recreates the amazing talents of Kenny Rogers and Dolly Parton at the Aqua Turf Club. Dinner included. \$97pp

Thurs/Dec11th RADIO CITY CHRISTMAS SPECTACULAR This tour includes: Round trip transportation, Tour director, free time in the city, orchestra seats at Radio City Music Hall and gratuities. \$215 pp

* **Tues/Nov 11th JIMMY MAZZ -FEVER 'N CHILLS SHOW** Tom Jones and Karen Carpenter tribute. Dinner included. Aqua Turf \$55pp

* **Tues/Dec 9th HOLIDAY CLASSICS WITH THE CARTELLS** Featuring a sing-a-long from The Glamour Girls. Santa and Mrs. Claus will be there too! Choice of Roasted Turkey or Baked Cod. Aqua Turf \$55pp

**All Aqua Turf events are drive yourself.*

HIGHLIGHTED TRIPS

Jan 26th-Feb 7th 2026 ESCORTED SOUTHERN CARIBBEAN CRUISE FROM NEW JERSEY Trip includes transportation to NJ pier, 12 nights on the Royal Caribbean Odyssey of the Seas, all meals, 6 island tour and tour director. **Prices vary from \$1999. pp-\$2659.pp**

July 24th-Aug 1st 2026 ESCORTED MONREAL AND CANADA/NEW ENGLAND CRUISE Trip includes deluxe motorcoach transportation to Montreal and home from Boston, tour of Montreal, and 7 night cruise of the St. Lawrence on Holland America's Voledam. All meals onboard are included as well as daily activities. **Prices vary from \$2299.pp-\$3699.pp**

LOCATION & STAFF

388 Pleasant St.
 Southington, CT 06489
 Phone: 860-621-3014
www.calendarhouse.org
 HOURS: 8:30 a.m.—4:30 p.m.
 Monday—Friday

In case of INCLEMENT WEATHER, all delays and/or closings will be posted under the name CALENDAR HOUSE on WFSB Channel 3 and on the www.wfsb.com website. **Calendar House DOES NOT follow Southington Public Schools for closings and delays.**

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Bob Donia

TRIP DESK COORDINATOR

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