



Happy 102nd Birthday to
Calendar House Member
Tony Longo!

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FROM THE STAFF...

Summer is here and Southington has so much to offer! From movies at the Drive-In to Music on the Green to the Southington Farmer's Market and of course, it's also a perfect time to stop in to see what is happening at Calendar House!

June brings Father's Day and all Calendar House members are invited to register for a celebration for our Dads, Granddads and Great-Granddads on Tuesday, June 11th at 10 a.m. We will be serving French Toast casserole and enjoying live music by The Herrons. See page 5 for details and call us to register!

As enrichment classes wind down for the summer this month, we would like to thank our Calendar House instructors: Karen Kebinger, Penny Kindblom, Pat Mottola, and Sue Riley for all that they do to bring the love of art to our Senior Center. We are very fortunate to have them here leading our classes each week. Remember, Sue Riley's "Open Art

Studio" will continue all summer long on Tuesdays from 10 a.m. to noon (\$10 drop-in fee applies). Watch for our September newsletter which will have information on how to register for the next session of Calendar House enrichment classes. Fall will be here before you know it!

This month we have talks on various topics by Franciscan Ever There Care, Czepiga, Daly, Pope & Perri, LiveWell, and Hartford HealthCare. Please see page 10 for details on how to register, and also check out the fun craft classes that we are offering, too!

Have a great month! ~The Calendar House Staff

Please note: Active Lifestyles is available at Calendar House, Town Hall, the Municipal Center, Library and Senior Housing Sites. It is also available at the calendarhouse.org website. To subscribe, please go to: www.mycommunityonline.com and type "Calendar House" near "Southington"; Click "latest newsletter" and "subscribe"; fill in your e-mail and name and you're all set!!

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WELCOME TO CALENDAR HOUSE!!

Calendar House Mission Statement:

Calendar House, the Town of Southington's Senior Center is a multipurpose facility which provides a focal point in the community for residents 55 and older, and residents aged 18 and older, who are disabled, as defined by Social Security standards.

The Center's purpose is to serve as a resource center, providing a broad range of services and activities to meet the diverse social, physical and intellectual needs of older adults and disabled individuals.

This facility is unique in that our members and staff are encouraged to help implement various activities to reinforce positive attitudes and preserve individual dignity.

In pursuing its mission, this Center shall enhance an atmosphere of compassion, equality and mutual concern for all older adults and disabled individuals.

CALENDAR HOUSE MEMBERSHIP MEETING THURS., JULY 25TH ~ 1 P.M.

Featuring...

THE ELDERLY BROTHERS!



After a brief business meeting, The Elderly Brothers—Brian Gillie and Tom Stankus, on piano and guitar are back by popular demand! This duo is ALWAYS a big hit at Calendar House. If you haven't seen them in the past, among their repertoire are Jazz, Blues, Rock 'n Roll, Hollywood, Broadway, Swing, and Dance Tunes. These two tickle the keys and sing the hits with a crisp radiance. You might even get on your feet and show us your cool dance moves! Please RSVP by Monday, July 22nd at the Calendar House front desk or call 860-621-3014 to reserve your spot! Light refreshments will be served.



THE JOHN E. DEMELLO SR. VETERANS COFFEE HOUR

FRIDAY, JUNE 21ST

NEW TIME! 9:30-10:30 A.M.

Co-sponsored by the Southington Public Library and the Southington Veterans Committee, this Veterans only coffee hour is held the 3rd Friday of the month from 9:30-10:30 a.m., at Calendar House Senior Center.

No registration is required, just drop in!
Coffee Hours will not be held for the months of July and August.

STATE OF CT

RENTERS' REBATE PROGRAM

The State of Connecticut provides a reimbursement program for Connecticut renters who are elderly or totally disabled, and whose incomes do not exceed certain limits. Persons renting an apartment or room, living in cooperative housing and individuals residing in mobile homes who pay monthly lot rent may also apply. The rebate amount is based on a graduated income scale; and the amount of rent and utility payments (excluding telephone) made in the calendar year prior to the year the renter applies (2023 info).

Applicants must have resided in CT for one year or more.

- You must have reached age 65 by December 31, 2023. (if married, only one spouse need be 65+)
- Individuals who are 100% totally, permanently disabled may apply regardless of age, but must show proof of Social Security Disability.
- Income Guidelines: \$43,800 Single Individual; \$53,400 Married Couple.
- You must provide documentation of all 2023 income; utility payments; rent receipts. (please do not send originals)
- **NEW APPLICANTS:** If you have not previously applied, please provide your phone number, and a copy of your drivers license OR proof of residency and date of birth.

We are now accepting paperwork to process applications. You must apply by October 1, 2024. To apply, please bring copies of your required 2023 income, utility and rent documentation to Calendar House, 388 Pleasant Street, Southington, CT. 06489, or simply drop your paperwork in a sealed envelope in the secure drop box located at the entrance of the Calendar House building Attn: Rent Rebate. Please make sure to include your phone number so that we can reach you if we have any questions. For more information please call 860-621-3014.



AARP SMART DRIVER

Learn ways to adjust for aging and health-related driving issues. CT. specific information is covered. \$20 for AARP Members; \$25 for Non AARP Members. Cash or check payable to AARP collected by instructor prior to start of class. Class is held from 9 a.m. to 1 p.m. (Please arrive by 8:45) Classes will be held on June 14th and July 12th. No class will be held in August. Class sizes are limited. Please call 860-621-3014 for availability and to register. An on-line course is also available.

Please visit <https://www.aarpdriversafety.org/> to register.

See page 10 for information on a FREE AARP Smart DriverTEK program to be held at Calendar House on Friday, June 7th!

In Memoriam

Donations in memory or in honor of a friend or relative may be made to the **Calendar House Memorial Fund** and are gratefully accepted.





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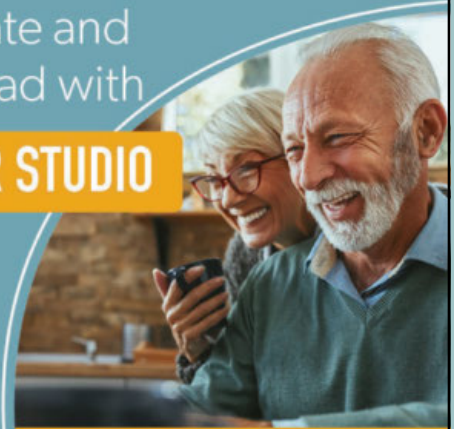
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Pool Players
Ping Pong
Cardio Room
Active Walkers (Walking Track)
Library/Puzzle Makers
Coffee 'n Conversation in the Lounge

COMPUTER LEARNING CENTER

Spring 2024 classes now in session.

Visit: www.calendarhouse.org
and click on the "Tech Classes" tab
for more information.

Computer Lab Hours:
Mondays: 10 a.m.—Noon
Wednesdays: 1—3 p.m.

SPRING ENRICHMENT CLASSES

(In Session)

MON: Quilting w/ Karen @10
Class ends 6/24
WED: Pen & Ink w/Sue @10
Class ends 6/12
Watercolor w/ Penny @1:30
Class ends 6/26
THURS: Pen & Ink w/Sue @10
Class ends 6/13

MONDAY

Line Dance: 9:30
Computer Lab : 10-12
Sit 'n Be Fit: 11:15
Mahjong: 12:30—*Need lessons? Call Lee Daley at 239-821-7760!*
Pickleball: 1-3

Pick up a flyer at
Calendar House for
activity descriptions!

TUESDAY

Group Exercise: 9 & 10
Open Art Studio: 10-12
(\$10 drop-in fee)
Cribbage: 10-12
Sit 'n Be Fit: 11:15
Pickleball: 1-3
Cardio Drum: 2-2:30



WEDNESDAY

Gentle Seated Yoga: 9:15
(\$8 drop-in fee)
Line Dance: 9:30
Granny Squares: 10 -12
Sit 'n Be Fit: 11:15
Set Back: 12:30-3
Computer Lab: 1-3
Pickleball: 1-3



THURSDAY

T.O.P.S.: 8:30
Group Exercise: 9 & 10
Tap Dancing: 10-11
Stained Glass Group: 10:30
Sit 'n Be Fit: 11:15
Canasta: 12:30
(6/6, 6/20)
Party Bridge: 1-3:15
Pickleball: 1-3
Scrabble: 1-3
Cardio Drum: 2-2:30

FRIDAY

Gentle Yoga: 9:30
(\$8 drop-in fee)
Sit 'n Be Fit: 11:15
 Bingo: 1:00
6/28 is
**Birthday
Bingo!**
On 6/28 receive a free
card to play and a
cupcake if your birthday
is in June! Register at the
bingo table prior to 6/28!

FATHER'S DAY/EVERSOURCE DISCOUNT

A "TOAST" TO DADS

Tuesday, June 11th at 10 a.m.

All Calendar House members are welcome to join us for a Father's Day "Toast" to Dads... "French Toast" that is!

Let's celebrate together by enjoying a piece of French Toast casserole and a cup of coffee or tea while listening to live music performed by The Herrons.

This free event is being sponsored by:

The Calendar House Membership Association

Please register to attend by calling 860-621-3014, or sign up at the front desk by Thursday, June 6th.



*Happy
Father's
Day!*



EVERSOURCE

LOW INCOME DISCOUNT RATE

Eversource offers an electric bill discount for residential electric customers who have a financial hardship on their account. Depending on your income or receipt of a public assistance benefit you may be eligible for either a 10% or 50% discount. Income limits for the 10% discount are: Single—up to \$41,533/Couple—up to \$54,338 or eligible for CEAP, Section 8 Housing, or Medicare Savings Plan SLMB or ALMB. Income limits for the 50% discount rate are: Single—up to \$23,328/ Couple—up to \$31,552 or eligible for SSI/SSDI, SAGA, Cash Assistance, SNAP, Medicaid Husky C or D, or Medicare Savings Program QMB. If you qualify, but are unsure if you are receiving a discount, please call Calendar House at 860-621-3014 and ask to speak to Dawn Sargis.




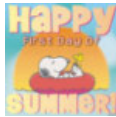

JUNE 2024 MONTHLY CALENDAR

6

DROP IN DAILY! 8:30 — 4:30
 Pool * Ping Pong * Cardio Room * Sit 'n Be Fit
 Stained Glass * Active Walkers
 Library/Puzzle Makers * Coffee 'n Conversation
 See page 8 for ordering info
 for Calendar House Café Lunch!



1
SAT

2 <u>SUN</u>	3 <u>MON</u> 9:45-10:45 <i>Pickleball Exercise Class</i>	4 <u>TUES</u>	5 <u>WED</u> Reiki Healing By App't Only 11:30-1:00 <i>Berkshire Hathaway Info Table</i> 4:00 <i>ARPA Funding Announcement</i>	6 <u>THURS</u>	7 <u>FRI</u> 9-10 <i>Berkshire Hathaway Info Table</i> 11-12:30 <i>AARP Smart DriverTEK</i> <i>Foot Clinic by App't Only</i>	8 <u>SAT</u>
9 <u>SUN</u>	10 <u>MON</u> 9:45-10:45 <i>Pickleball Exercise Class</i>	11 <u>TUES</u> 10-11 <i>A "Toast " to Dads!</i>	12 <u>WED</u> Reiki Healing By App't Only 9-12 <i>Rose Queen of the Flowers Field Trip to Elizabeth Park</i> 1:30 <i>Transforming the Experience of Living with Dementia</i>	13 <u>THURS</u>	14 <u>FRI</u> 9-1 <i>AARP Safe Driver Class</i> 10-11 <i>Safety at Home</i> <i>Hearing Screenings By App't Only</i> 	15 <u>SAT</u>
16 <u>SUN</u> 	17 <u>MON</u> 9:30-11:30 <i>Wheeler Clinic Outreach</i> 9:45-10:45 <i>Pickleball Exercise Class</i> 1-2 <i>Gnome Tea Cup Craft Class</i>	18 <u>TUES</u> <i>Foot Clinic by App't Only</i>	19 <u>WED</u> Reiki Healing By App't Only 1:30 <i>Aging in Place: How to Remain in Your Home</i> 	20 <u>THURS</u> 9-1 <i>Pulse 4 Pulse Testing</i> 10-11 <i>Move Your Mind</i> 	21 <u>FRI</u> 9-10 <i>Berkshire Hathaway Info Table</i> 9:30-10:30 <i>John E. DeMello Sr. Veterans Coffee Hour</i>	22 <u>SAT</u>
23/30 <u>SUN</u>	24 <u>MON</u> 8:30-9:30 <i>Pre-Diabetes & Diabetes Support Group</i> 9:30-11:30 <i>Wheeler Clinic Outreach</i>	25 <u>TUES</u> 12:00 <i>Book Club w/Cynthia Manchak</i>	26 <u>WED</u> 10-11 <i>Free Blood Pressure Clinic by The Orchards</i> 1:30 <i>HHC Healthy Brain Series "Importance of Sleep & Your Brain"</i>	27 <u>THURS</u>	28 <u>FRI</u> 10-11 <i>Probate Forum</i> 1:00 <i>June Birthday Bingo</i> 	29 <u>SAT</u>

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SIT 'n BE FIT

A gentle, seated, slow moving DVD workout by Mary Ann Wilson, RN. Ideal for anyone managing arthritis pain! This drop-in class is offered Monday through Friday at 11:15 a.m. (20 students max)

TUESDAY/THURSDAY GROUP EXERCISE

These exercise classes include cardio, strength, and balance. Please bring hand weights to class. Classes are held on Tuesdays at 9 & 10 a.m. with Kim and on Thursdays at 9 & 10 a.m. with Marcia. Call the office at 860-621-3014 no earlier than 8:30 a.m. the day of class to register. (12 students max)

TUESDAY/THURSDAY CARDIO DRUMMING



During this group exercise class you will follow along with specially selected YouTube videos that run from 20 to 30 minutes. You will use a large inflatable exercise ball placed in a bucket for stability and drum sticks. Follow along with the music and moves to keep the beat and get a great cardio workout while toning your muscles, too! It's easy and FUN! These classes can be done seated or standing and you can move at your own pace. All equipment will be provided. Classes will be held on Tuesdays and Thursdays at 2 p.m. Call the office at 860-621-3014 no earlier than 8:30 a.m. the day of class to register. (10 students max)

SEATED & GENTLE YOGA w/ CLEMENTINE



Drop-in Wednesday at 9:15 a.m. for seated yoga and Friday at 9:30 a.m. for gentle yoga. Class runs one hour. Please wear non-slip shoes and comfortable clothes! Your first class is always FREE, then pay \$8 per class to instructor, Clementine Delaney.

NEW! PICKLEBALL EXERCISE CLASS

Mondays - June 3rd, 10th and 17th from 9:45 - 10:45 a.m.



This 3-part exercise program developed specifically for pickleball players will include: warm-up exercises, stretching to improve flexibility, strengthening exercises with a focus on legs, balance and footwork, and drills to put it all together. Play longer with less strain on your body. Get where you want to be on the court. Taught by a licensed physical therapist with 40 years of experience, and an avid pickleball player. Call 860-621-3014 to register or sign up at the front desk. Participants are asked to bring a pickleball paddle for drills to all three sessions (no ball contact). A yoga mat is recommended for the last session on June 17th. (12 students max). If this session fills, a wait list will be started.

FREE BLOOD PRESSURE CLINIC



The Orchards of Southington holds a free blood pressure screening clinic at Calendar House on the last Wednesday of each month (6/26) from 10—11 a.m. Drop in!

WHEELER CLINIC HEALTH OUTREACH

People impacted in any way by mental health problems and/or substance use disorders can drop in to visit Holly, Sr. Community Health Outreach Coordinator, to discuss treatment options, and receive education and resources on the following Mondays: June 17th and June 24th from 9:30 - 11:30 a.m. Questions? Contact Holly Hansen at hrhansen@wheelerclinic.org or call 860-604-7448.

T.O.P.S. CLUB



T.O.P.S. (Taking Off Pounds Sensibly) meets at Calendar House on Thursday mornings at 8:30 a.m. for weigh-in and a weekly meeting. Thinking about losing weight, but don't know where to start? Drop in to join this encouraging group and they will be happy to help get you started!

HEARING SCREENINGS



Myranda Lombardi, HIS, of Bristol Hearing Aides L.L.C. will provide a free ear exam and hearing test on Friday, June 14th or Friday, July 12th by appointment only. Call us at

860-621-3014 for an appointment. Advice on first steps of hearing health based on the hearing screening will be given. Please note, ear wax removal is NOT available.

PRE-DIABETES/DIABETES SUPPORT GROUP



Whether you are new to or already have pre-diabetes or diabetes, Betsy Gaudian, MSN, RN-BC, RDN, CDCES will provide updated info, tips, tricks & support. The final group of this session will be held on Monday, June 24th from 8:30-9:30 a.m. Call 860-621-3014 to register.

PULSE 4 PULSE TESTING



This is a 20 minute non-invasive circulation test that provides a picture of your cardiovascular health. Real-time results and recommendations with clinicians on-site. Tests are available Thursday, June 20th from 9 a.m.—1 p.m. Insurance accepted.

To register please visit: <https://www.signupgenius.com/go/10C0844AEA72DA3FCCE9-49114852-southington#/> or call Dawn Sargis at 860-621-3014 to have a representative contact you for an appointment.



SOUTHINGTON CALENDAR HOUSE TO RECEIVE ARPA FUNDING

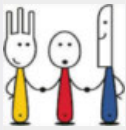


Please join State Representative **Chris Poulos** at Calendar House on Wednesday, June 5th at 4 p.m. as he welcomes \$99,700 in funding for capital improvements for our Senior Center! The funding is from the final allocations of the Federal American Rescue Plan Act (ARPA) that passed the Connecticut House of Representatives

during the recent legislative session. The Calendar House plans to add to its recreational offerings and make interior building improvements with the funding. Improvements include an outdoor pickleball court, a retractable awning for the outdoor patio, an outdoor garage/shed for additional storage, a new fitness rowing machine for the exercise room, and automatic door openers for the restrooms. The public is invited to attend and learn more about these improvements to Calendar House from Representative Poulos. Refreshments will be served.

NUTRITION

CALENDAR HOUSE CAFÉ



The nutrition program at Calendar House Senior Center is limited to individuals age 60+ and has no income restrictions. A completed Form-5 from the State of CT Department of Social Services/Elderly Division is required to participate in the lunch program. Please see Café Manager, Dolly, for a form. A donation of \$3.00 per lunch is suggested and exact change is appreciated. Menus are available in the dining hall, the Calendar House office or on-line by visiting www.calendarhouse.org and clicking the lunch tab. Meals are served promptly at 12 Noon, Monday—Friday. You can order all five meals for the week or as many that appeal to you. Late arrivals can be accommodated up until 12:20 p.m. Meals must be ordered two business days in advance. To order **or** cancel, please call the Café phone at (860) 621-6738 or leave a message. Messages are checked daily, Monday—Friday. The Calendar House front desk staff is not able to take lunch reservations or cancellations.

DIAL-A-RIDE TRANSPORTATION



The Calendar House DIAL-A-RIDE provides free transportation to residents of Southington aged 55+ and Southington residents aged 18+ with disabilities. To provide efficient, reliable, safe transportation to all our riders, there are specific guidelines to be followed. Following is a brief overview. Our complete guidelines can be picked up in the Calendar House office or viewed by visiting www.calendarhouse.org and clicking on Dial-A-Ride Bus Service. Your cooperation is anticipated & appreciated. Our primary objective is to provide the service that you need in a timely and reasonable manner. **For questions and reservations call 860-621-3014.**

CT Transit Route 532/CTfastrak: Calendar House Dial-A-Ride transportation to stops at Price Chopper, Stop and Shop and Walmart on the CT Transit Route 532 bus line and to the CTfastrak 928 Southington-Cheshire Waterbury Express service located at the Plantsville Park & Ride is available during our regular hours of operation with a minimum of one week advance notice. Please call to schedule.

Medical Appointments: Calendar House provides

rides for dialysis, as well as medical and dental appointments. Please provide a minimum of one week advance notice for all appointments; the more advance notice the better! We will do our best to accommodate appointment requests, but there are times when the schedule fills. Under normal circumstances, last minute requests cannot be accommodated.

In-town medical appointments: Please schedule in-town appointments between the hours of 8:30 a.m. and 2:30 p.m.

Out-of-town medical appointments: please plan according to the following schedule: Mondays & Wednesdays to: Plainville, New Britain & Meriden/Midstate; Tuesdays & Thursdays to: Plainville, Bristol & Farmington; Friday to: Hartford HealthCare, Cheshire; Please schedule out of town appointments between 9:30 a.m. and 1 p.m.

Shopping, Personal and Hair Appointments: Please schedule for Tuesdays and Thursdays only and provide at least one week in advance.

Calendar House: Rides are available Monday—Friday to and from Calendar House for activities, programs, appointments and lunch with at least one week advance scheduling.



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Calendar House - Southington, CT

06-5315

HOW TO REGISTER FOR PROGRAMS:

Most programs at Calendar House require pre-registration. If a program says:

- **Call to register:** Simply call us at 860-621-3014, or stop by the front desk to register.
- **Pay to register:** Stop at the front desk to register and make your payment at that time. Registrations will not be taken without payment.
- **Drop-in:** There is no need to pre-register. Just *drop in!*

MONTHLY PROGRAMS:

Berkshire Hathaway Information Table w/ Lisa Olson, Realtor

Wednesday, June 5th, 11:30 a.m.—1 p.m.

Friday, June 7th and 21st, 9—10 a.m. **Drop-in.**



John E. DeMello Sr. Veterans Coffee Hour



Friday, June 21st 9:30-10:30 a.m. Please note the new time!

Drop-in (Veterans Only).

Probate Forum

w/ **Matthew Jalowiec, Probate Judge**

Friday, June 28th, 10—11 a.m. **Call to register.**



JUNE PROGRAMS:

AARP Smart DriverTEK

Friday, June 7th, 11 a.m.—12:30 p.m.

In this FREE class from AARP you will learn to: Become more up-to-date on available safety technology in cars, recognize how technologies might enhance driving safety and extend safe driving years, improve understanding of the benefits of vehicle safety technologies, and learn how to properly use vehicle safety technologies. **Call to register** by Wednesday, June 5th.

Transforming the Experience of Living with Dementia

Wednesday, June 12th, 1:30 p.m.

Join Erica DeFrancesco from LiveWell, as she facilitates a conversation with individuals living well with dementia about the signs and symptoms they have and continue to experience, their experience with their diagnosis, and the opportunities that have brought them purpose through their participation in the Empowering Partnerships Network. This diverse group of partners connects and influences dementia research and innovation, advocacy and awareness, and programs for people living with dementia. **Call to register** by Monday, June 10th. Light refreshments will be served.

Safety at Home

Friday, June 14th, 10-11 a.m.

Join Franciscan Ever There Care and Franciscan Home Care for a presentation on “Safety at Home.” Learn how to create a safe and healthy environment for you and your family, room by room. Our knowledgeable team will provide practical safety tips with explanations for each recommendation. Have questions? We’re here to answer them all! In addition, discover the custodial and

skilled services offered by our agency. Take advantage of this opportunity to gather valuable information while enjoying complimentary refreshments. **Call to register** by Wednesday, June 12th.

Gnome Tea Cup Craft Class

Monday, June 17th, 1-2 p.m.



Gnomes are all the rage! Join Calendar House member Laura Harrison as she leads you through a fun craft class creating a cute decorated gnome out of a tea cup! All supplies are included (BUT if you have a low-temp glue gun to bring and a pair of scissors that would be great and will cut down on the need to share!) **Pay to register**, \$15.pp (cash payment only). Maximum of 12 students.

Aging in Place: How to Remain in Your Home

Wednesday, June 19th, 1:30 p.m.

Did you know that Connecticut is among the top 3 states with the highest costs for nursing home and long-term care? Join Attorney Colleen Masse of Czepiga, Daly, Pope & Perri to learn why it is so important to do your due diligence and protect everything that you have worked SO hard for, and if possible, to do so while remaining in the comfort of your home! In this program, we will help you better understand how to avoid putting your hard-earned assets at risk in a way that can best position you to stay in your own home and age in place. Specifically, you’ll learn about Medicaid and other public benefit programs the State of CT has to offer, as well as strategies that married or single people can use to protect their assets. **Call to register** by Monday, June 17th. Light refreshments will be served.

Move Your Mind

Thursday, June 20th, 10-11 a.m.

Join Hartford HealthCare Senior Services for an interactive and fun presentation by our experts on the latest trends in healthy eating – MIND Diet, free balance screening, information, and recommendations for staying active, and MOVING! Participants will receive healthy recipes, samples of food, and a Good Life Fitness gift certificate. Refreshments will be provided! **Call to register** by Tuesday, June 18th.

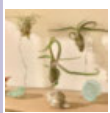
Healthy Brain Series

There are two sessions left in the Hartford HealthCare Center for Healthy Aging 5-month “Healthy Brain Series” at Calendar House on the last Wednesday of each month at 1:30 p.m. You can still register for the remaining dates. **Call to register.**

- June 26th: “Importance of Sleep and Your Brain”
- July 31st: “Lessons for Living Longer from People Who Have Lived the Longest”

Sea Glass or Shell Wire-Wrapped Air Plants

Thursday, July 11th, 1:30-3 p.m.



Join Still Waters USA LLC for a unique class utilizing sea glass or shells to create a wire-wrapped air plant! No experience is needed and all supplies are included to make a one-of-a-kind creation. The cost is \$40.pp (checks to Still Waters USA or cash accepted). **Pay to register** at the Calendar House front desk starting Monday, June 10th.

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Calendar House - Southington, CT

06-5315



Trip Desk is held in the Calendar House lounge from 1—3 p.m. on Mondays and 10 am—12 noon on Wednesdays. Updates can be found at www.calendarhouse.org under the trips tab! Flyers are available for pick-up in the “rounder” in the lounge area. Questions? Call Lana White at 860-621-3779 or Tours of Distinction at 1-800-426-4324. The Calendar House Trip Desk is comprised of all **VOLUNTEERS** dedicated to bringing new and exciting trip opportunities to our Center. All Calendar House trips are **NOT FOR PROFIT**, and volunteers do not receive any compensation/perks for their time.

Tues/July 9, CELEBRATE ITALIA, *Aqua Turf. Aaron Caruso & the Sam Vinci Band bring their favorite Italian hits. On the menu: meatballs/sausage & chicken parmigiana. **\$54.pp**

Wed/July 10, CRUISING NEWPORT. Narrated lighthouse cruise on the harbor aboard Coastal Queen Cruises, lunch at La Forge Restaurant with choice of baked native scrod w/ lemon crumb, shepard’s pie or chicken piccata. Scenic overview tour of Newport. **\$159.pp**

Tues/Aug 13, THE LEGENDS LIVE-THE SONGS OF LOVE, *Aqua Turf. Enjoy music from Sinatra & Kenny Rogers to Ella Fitzgerald & Roberta Flack. On the menu: baked cod and chicken marsala. **\$54.pp**

Thurs/Aug 15, THE SOUND OF MUSIC AT THEATRE BY THE SEA. Lunch at George’s of Galilee. Enjoy the music of the Rogers & Hammerstein musical about Maria & the Captain and his 7 children. Lunch is NE clam chowder, clam cakes and choice of baked cod, roasted chicken w/ sundried tomatoes & mushrooms in a cream sauce or roasted beet salad. **\$176.pp**

Wed/Aug 21, SAIL ON...THE BEACH BOYS TRIBUTE, *Aqua Turf. Enjoy classic hits that recreate the timeless songs of surfing, cruising, dancing & dreaming. On the menu: lemon chicken and maple glazed salmon. **\$94.pp**

Tues/Sept 10, SHAKE RATTLE & ROLL DUELING PIANOS, *Aqua Turf. Two top piano entertainers take the stage for an epic battle mixing music & comedy playing songs you are sure to remember. On the menu: roast beef/chicken française. **\$54.pp**

Tues/Sept 10, THE MUSIC OF DEAN MARTIN, Amarante’s Waterfront Sea Cliff. Jack Lynn takes you back to the swinging Rat Pack years with songs made famous by Dean Martin at the beautiful Amarante’s Waterfront. Enjoy lunch near the ocean! On the menu: chicken Florentine or baked stuffed sole. **\$110.pp**

Tues/Sept 17, PROVIDENCE ITALIAN STYLE. Behind the scenes tour of Providence Historic Federal Hill. Three-course lunch at Cassarino’s Restaurant with choice of chicken, pasta, or baked fish. Ride the Gondola with a singing gondolier! **\$185.pp**

* All Aqua Turf Trips are “drive on your own” *

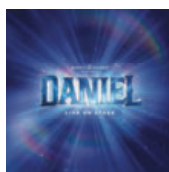
HIGHLIGHTED TRIPS...



SARATOGA & LAKE GEORGE

Aug 13-14

\$469.pp DBLE



LANCASTER W/ “DANIEL” AT SIGHT & SOUND

Sept 30—Oct 2

\$675.pp DBLE

Visit beautiful Saratoga Springs, Travel to the beautiful Pennsylvania Lake George & Glen Falls! Enjoy a Dutch country and experience welcome reception at Queensbury Amish culture. Visit Kitchen Kettle Hotel, a twilight dinner cruise aboard Village and enjoy reserved orchestra Lac du St. Sacramento, and reserved seats for “Daniel” at Sight & Sound grandstand seats at Saratoga Theatre. This trip ends with an Amish Farmlands Tour and lunch before heading home. Don’t miss it!

LOCATION & STAFF

**388 Pleasant St.
Southington, CT 06489
Phone: 860-621-3014**

**HOURS: 8:30 a.m.—4:30 p.m.
Monday—Friday**

In case of **INCLEMENT WEATHER**, all delays and/or closings will be posted under the name **CALENDAR HOUSE** on **WFSB Channel 3** and on the www.wfsb.com website. Calendar House **DOES NOT** follow Southington Public Schools for closings and delays.

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