



Register for "Fall" Computer Classes on Monday, August 19th. See Page 10 for details!

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## FROM THE DIRECTOR

What are the "Dog Days of Summer?" Typically, the hottest most sultry days of the season, but more specifically it's **NOW**—the time of year during July and August when the Sun occupies the same region of sky as Sirius, often referred to as the "Dog Star." Time to wrap up summer vacations and turn our thoughts to "back to school" which is just around the corner! Southington Public Schools first day of classes will be Thursday, August 29th, which means DePaolo will be back in session, so please be careful and keep an eye out for the students that may be in our parking lot. For our Members, August means the staff here at Calendar House will be planning classes, new programs and activities for the remainder of this year. This month, the Computer Learning Center will hold registrations on August 19th for their "Fall" Computer classes. Art and Enrich-

ment Class registrations will be held in September and information regarding that will be posted in the September issue of Active Lifestyles. Our on-going exercise classes are available for you year round! This month we also have our annual "Hawaiian Shirt Night" planned at Hawk's Landing on August 21st. Tickets are on sale now through August 15th so don't miss out - it's always a great night to enjoy with friends! ~**Robert Verderame, Executive Director**

Please note: Active Lifestyles is available at Calendar House, Town Hall, Municipal Center, Library and Housing Sites. It is also available at both [calendarhouse.org](http://calendarhouse.org) and [southington.org](http://southington.org) websites. We encourage you to subscribe directly by going to: [www.ourseniorcenter.com](http://www.ourseniorcenter.com); type Calendar House near Southington; Click "latest newsletter" and "subscribe"; fill in your e-mail and name! And you're all set!!

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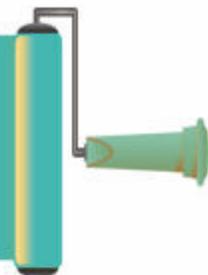
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## WELCOME TO CALENDAR HOUSE!!

### Calendar House Mission Statement:

Calendar House, the Town of Southington's Senior Center is a multipurpose facility which provides a focal point in the community for residents 55 and older, and residents aged 18 and older, who are disabled, as defined by Social Security standards.

The Center's purpose is to serve as a resource center, providing a broad range of services and activities to meet the diverse social, physical and intellectual needs of older adults and disabled individuals.

This facility is unique in that our members and staff are encouraged to help implement various activities to reinforce positive attitudes and preserve individual dignity.

In pursuing its mission, this Center shall enhance an atmosphere of compassion, equality and mutual concern for all older adults and disabled individuals.

## MEMBERSHIP MEETING



Thursday, Sept. 26th, 1:00pm

Following a brief business meeting join us as **Jose' Paulo** mesmerizes you with his entertaining and interactive musical show. Jose', a native of Rio De Janeiro, Brazil began his singing career at the young age of 12 singing "Ave Maria" at local weddings. He now resides in CT.

and continues to amaze audiences of all ages with his versatile, multilingual music. Don't miss this fantastic event! RSVP to 860-621-3014.



and continues to amaze audiences of all ages with his versatile, multilingual music. Don't miss this fantastic event! RSVP to 860-621-3014.

## COFFEE 'N DESSERTS

**You must RSVP to 860-621-3014 to attend a Coffee 'N Dessert.**

*Space is limited to 18 participants unless otherwise noted\*, as this is how the programs are designed. If programs fill, they will be repeated at a later date so everyone can participate!*

### How to Fall Safely

**Wednesday, September 18, 1:30PM**  
Sometimes, there's no way to avoid a fall. If you are aware of the inevitability of a fall, you can at least prepare properly to fall. Learn how to fall down the correct way forwards or backwards, all the details on how to do it safely to reduce the risk or lessen the severity of injury. Presented by Lisa Murawski, exercise physiologist, Sponsor: GoodLife Fitness.

### New Strategies for Controlling Your Health Expenses

**Wednesday, September 25, 1:30PM**  
Everyone is faced with increasing health insurance and declining benefits. Presentation focuses on new strategies to help reduce costs and improve benefits regardless of your age or health insurance coverage. Topics include: reducing prescription costs, identifying lower cost health insurance options (including Medicare) for people of all ages, and how to change your insurance plan outside of Open Enrollment. Sponsor: Steve Ardussi, "Personal Benefits Advisor"

### Please watch upcoming issues of Active Lifestyles for more information on these upcoming Coffee 'N Desserts:

- "Keeping Memory Strong"-10/9
- "Coins" w/ Blair Soucy-10/16
- "Spin the Wheel" w/ the Berlin Visiting Nurse Association-11/6
- "Staying on your Feet in Ice & Snow"-11/13
- "Parkinson's Exercise Info"- 11/20



## RENTERS' REBATE PROGRAM

The State of Connecticut provides a reimbursement program for Connecticut renters who are elderly or totally disabled, and whose incomes do not exceed certain limits. Persons renting an apartment or room, living in cooperative housing and individuals residing in mobile homes who pay monthly lot rent may also apply. The rebate amount is based on a graduated income scale; and the amount of rent and utility payments (excluding telephone) made in the calendar year prior to the year the renter applies (2018 info.)

- Applicants must have resided in CT for one year or more.
- You must have reached age 65 by December 31, 2018 (if married, only one spouse need be 65+)
- Individuals who are 100% totally, permanently disabled may apply regardless of age but must show proof of Social Security Disability.
- Income Guidelines: \$35,200 Single Individual; \$42,900 Married Couple.
- You must provide documentation of all income; utility payments; rent receipts.

For more information or to make an appointment, please call 860-621-3014.

## In Memoriam

*Donations in memory or in honor of a friend or relative may be made to the Calendar House Memorial Fund and are gratefully accepted.*



### AARP SMART DRIVER

Sept. 13 OR Oct. 11th,  
(No class held in August);  
8:45 am- 1pm. (4 hours)

No written or road tests to pass! Ways to adjust for aging and health-related driving issues. Connecticut-specific information. (formerly known as 55 Alive Safe Driving)  
Cost: AARP members: \$15 (with membership #); Non AARP Members: \$20. Payable to AARP. Register at 860.621.3014.



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## MONDAY

All day Pool Players  
 All day Ping Pong Players  
 All day Library/Puzzle Makers  
 All day Cardio Room  
 9—11 Computer Lab  
 10:30 Stained Glass  
 12:00 Lunch  
 12—2 Trip Desk  
 12:30 Mahjongg  
 1:00 Pickleball

## TUESDAY

All day Pool Players  
 All day Ping Pong Players  
 All day Library/Puzzle Makers  
 All day Cardio Room  
 12:00 Lunch  
 1:00 Pickleball

## WEDNESDAY

All day Pool Players  
 All day Ping Pong Players  
 All day Library/Puzzle Makers  
 All day Cardio Room  
 10—12 Trip Desk  
 10:00 Granny Squares  
 12:00 Lunch  
 1—3 Computer Lab

## THURSDAY

All day Pool Players  
 All day Ping Pong Players  
 All day Library/Puzzle Makers  
 All day Cardio Room  
 8:30 T.O.P.S.  
 12:00 Lunch  
 1:00 Pickleball  
 1:00 Party Bridge  
 1:30 Adult Coloring

## FRIDAY

All day Pool Players  
 All day Ping Pong Players  
 All day Library/Puzzle Makers  
 All day Cardio Room  
 12:00 Lunch  
 1:00 BINGO



## ART & ENRICHMENT CLASSES (SUMMER BREAK...CLASSES RESUME IN SEPTEMBER)



Registration for Art and Enrichment Classes for Fall 2019 and Spring 2020 will be held from Monday, September 9th through Friday, September 13th. Class dates and descriptions will be listed in the September issue of Active Lifestyles and registration forms will be made available at the front desk and at [www.calendarhouse.org](http://www.calendarhouse.org).

## FALL COMPUTER CLASS REGISTRATION—MONDAY AUGUST 19<sup>TH</sup> AT 10AM

- iPad/iPhone Basics (MON @10AM, 9/9-10/28 \*NO CLASS 9/16, \$25)
- Windows 10 Computing (TUES @1PM, 9/10-10/15, \$25)
- Android Phone Basics (WED @10AM, 9/11-10/16, \$25)
- Digital Photography Basics (THURS @9AM, 9/12-10/10, \$25)
- One-on-one Training (By Appointment \$10/Session)

For detailed class description see page 10 or go to [www.calendarhouse.org](http://www.calendarhouse.org) and click the computer class tab. Registrations after 8/19 accepted during computer lab times until seats are full.



## EXERCISE CLASSES

*Exercise Class Descriptions/Registration Info see Page 7*



- SIT 'N BE FIT (MON & WED 11:00AM)
- GENTLE FLOW YOGA (TUES 10:30AM)
- STRENGTH TRAINING (TUES 1:30 & 2:30PM)
- GENTLE SEATED YOGA (WED 9:00AM)
- DANCERCISE (WED 9:30AM)
- ACE AEROBICS (WED 3:00PM) \*NOTE NEW TIME\*
- STRENGTH TRAINING (THURS 9:00 & 10:00AM)
- SIT 'N BE FIT (THURS & FRI 11:15AM)
- GENTLE SEATED YOGA (FRI 9:00AM)
- GENTLE AEROBICS (FRI 10:15AM)

## SENIOR COMMUNITY CAFE

PHONE: 860.621.6738 \*\* HOURS: 10:30—12 NOON

Sign up sheets are provided daily in the Main Hall. You may sign up on a daily or weekly basis, but you must sign up at least 24 hours in advance. Please call to cancel meals. Suggested donation: \$2.50.

The program is limited to individuals 60 and older.

Monthly Menu available in the Café, at the front desk or online at [www.calendarhouse.org](http://www.calendarhouse.org)

# AUGUST 2019 EVENT CALENDAR

6

SUN	MON	TUES	WED	THURS	FRI	SAT
				1 11-12 NOON BLOOD PRESSURE CHECK (HHC)	2	3 SAT
4 SUN	5 12-2PM TRIP DESK	6 FOOT CLINIC (BY APP'T)	7 10AM-NOON TRIP DESK	8 10AM-NOON BLOOD PRESSURE CHECK (BRISTOL HOSPITAL)	9	10 SAT
11 SUN	12 12-2PM TRIP DESK	13	14 10AM-NOON TRIP DESK ----- 1PM AARP BOARD MTG	15 10AM-NOON BLOOD PRESSURE CHECK (BRISTOL HOSPITAL)	16	17 SAT
18 SUN	19 10AM COMPUTER CLASS REGISTRATION ----- 12-2PM TRIP DESK	20 FOOT CLINIC (BY APP'T)	21 10AM-NOON TRIP DESK ----- 5:30PM HAWAIIAN SHIRT NIGHT @ HAWK'S	22	23	24 SAT
25 SUN	26 12-2PM TRIP DESK	27 10-11AM BLOOD PRESSURE CHECK (HHC)	28 10AM-NOON TRIP DESK ----- GRANNY SQUARES CANCELED	29	30	31 SAT



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**Calendar House Exercise Offerings: All participants must have a signed liability waiver on file.**

**Cardio Room:** Open during regular Calendar House hours. Features state-of-the-art cardiovascular and strength training equipment. Please bring a change of sneakers, (no street shoes allowed) and a closed water bottle (no open containers allowed). Please wipe down equipment with towels and disinfectant provided after your workout.

**Calendar House Active Walkers:** Take advantage of the walking path around Calendar House. Sign in at front desk under Active Walkers. June's most active walker was **Mary Niezgorski!**

**Sit and Be Fit Workout:** A gentle, slow moving DVD workout by Mary Ann Wilson, RN. This workout is ideal for anyone managing arthritis pain. **Drop in** on Mon/Wed @11am and Thurs/Fri @11:15am. Limit 20 participants/class-Fitness Studio.

**Strength Training:** Uses weights to improve balance, flexibility and conditioning. Supply your own (2 or 3 lb.) hand weights. **Call 860-621-3014 to sign up on day of EACH class.** Tuesdays w/Ellen @ 1:30pm and 2:30pm or Thursdays w/ LeAnn at 9am and 10am. Limit 19 participants/class-Fitness Studio.

**Dancercise:** Terry leads a fun dancercise exercise routine set to music. **Drop in** Wednesdays @9:30am-Multi Function Room.

**Pickleball:** **Drop in** paddle ball sport open to all levels. Mondays, Tuesdays, Thursdays @1-3pm-Multi Function Room. \*On Membership Meeting Thursdays, Pickleball is moved to Wednesday @1-3pm.\*

**ACE Aerobics:** Join LeAnn for "Aerobics for the Chronologically Enriched" (ACE) which combines many aerobic elements, from traditional non-impact aerobics to the newest format, Zumba Gold set to motivating & exciting music. **Call 860-621-3014 to sign up day of class,** Wednesdays @ 3:00pm-Multi Function Room.

**Gentle Flow Yoga:** Clementine leads a class where you learn to breathe properly & stretch deeply, honoring the healing power of our own body in a soft, compassionate way. Tuesdays @10:30am. Fee payable to Clementine Delaney (\$7. drop in—\$50./8 week session). Call morning of class 860-621-3014 for drop in availability. Mats/blankets/blocks/straps/bolsters supplied. Limit 15 participants/class-Fitness Studio. More information available at the Calendar House office.

**Seated Yoga:** Pat concentrates on modifying and tailoring each pose to meet the needs of each student. All stretches and poses can be done while seated in a chair. Work the joints and muscles to increase strength & flexibility, allowing for quiet reflection, proper breathing and body alignment. Non-slip shoes or slippers and loose comfortable clothing are recommended. Classes are held in an 8 week series on Wednesday and Friday @ 9:00am. Fee payable to Pat Develeskis. Series cost is \$40 if you come ONE day per week, and \$64 if you come both days. First class is always free. Limit 19 participants/class -Fitness Studio. More information available at the Calendar House office.

**Gentle Aerobics:** Ellen leads a gentle, no impact aerobics class catering to seniors focusing on cardiovascular health.

**Call 860-621-3014 day before or day of class to sign up** for Fridays @ 10:15am.Limit 19 participants/class-Fitness Studio.

**DIAL-A-RIDE TRANSPORTATION**

DIAL-A-RIDE provides transportation at no charge for Southington residents aged 55+ and for people with disabilities. To provide efficient, reliable, safe transportation to all our riders, there are some specific guidelines. Your cooperation is anticipated & appreciated. Our primary objective is to provide the service that you need in a timely and reasonable manner.

• **Medical Appointments:** We request seventy-two hours (72 hrs/3 business days) notification be given for all medical appointments, especially for out-of-town appointments. You may schedule up to a month in advance.

- We cannot accommodate same day requests.
- Please schedule in-town medical appointments between 9-11 am and 12:30-2:30 pm.
- **Out-of-town medical transportation** will be

provided as follows, please plan accordingly: Mondays & Wednesdays: Plainville, New Britain & Meriden Midstate (appt's between 9:30-1:00pm); Tuesdays & Thursdays: Plainville, Bristol & Farmington (appt's between 9:30am-1:00pm); Friday: Please call for out-of-town schedule.

• **Shopping:** Tuesdays & Thursdays with pick up times starting at 9:00am. Shopping returns will begin at 12 noon on both days. Rides to hair appointments can be scheduled on Tuesdays & Thursdays. Shoppers, please call Calendar House on Thursday mornings for following week's shopping schedule. (We may not be able to accommodate requests made after 12 noon on Thursdays.)

• **Monday through Friday** rides are provided to & from Calendar House for lunch, activities,

programs & appointments.

- Please call **860.621.3014** to make your appointments. Thank you.



**LOOK AT THAT CROWD!** A wonderful time was had by all at our Annual “Country Western Night” held at Hawk’s Landing on June 11th. Live entertainment was provided by the Larry Ayce Band featuring Doreen Marie and as always, Hawk’s provided a great meal!




**PARTY BRIDGE!**  
 Thursday, 1-3:15pm.  
 Bridge Lessons will also be offered. Whether you are a beginner & would like to learn how to play, or have not played in many years & need a “refresher”- All are welcome—come join us! Sign up at front desk or call Kathie 860.621.4663. For Lessons: call Leslie 860.621.4215 or Elaine at 860.621.3310.



**MAHJONG!**  
 The Mahjong group is looking for players! Mahjong is held on Mondays 12:30—2:30PM in the Multi-Function Card Room. Please stop in and see Gloria if you would like to join in!



**CHESS ANYONE?**  
 Calendar House is looking to see if there is interest in a chess club. Please call the office, 860-621-3014 if you are interested.

## HEALTH AND WELLNESS



**BLOOD PRESSURE SCREENINGS**

Free Screenings offered by:

***Hartford Healthcare Senior Services & CT Center for Healthy Aging on:***  
 1st Thursday of month: 11am-Noon  
 4th Tuesday of month: 10-11am

***Bristol Hospital on:***  
 2nd & 3rd Thursday of month: 10-Noon  
 (Referrals and resources available)



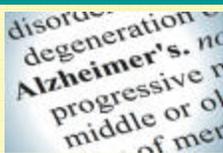
**FOOT CLINIC**

Sue Zdebllick, RN with 30+ years experience including Foot Care Nurse Certification provides a monthly foot clinic by appointment only. There is a nominal fee. Call 860.621.3014 for more info or to make an appointment.



**CARDIO & STRENGTH EQUIPMENT TRAINING**

On Wednesday, August 21st Calendar House exercise instructor, LeAnn Kroll will be providing **free** half-hour training sessions on the equipment in the Calendar House Cardio Room. Training will be held in small group sessions of three individuals. LeAnn will provide instruction on how to safely and effectively use the strength training and cardio equipment available to you. The half-hour sessions will be held in the afternoon. Please sign up at the Calendar House office front desk or call 860-621-3014 to reserve your time slot. Please do not sign up if you took the class in July.



**CALENDAR HOUSE ALZHEIMER'S RESOURCE STATION**

Bob Savage, a member of the Dementia Peer Coalition Group hosts the Calendar House Dementia & Alzheimer's Resource Station every Wednesday from 10am to Noon in the Health Suite. There is no registration required for these drop in sessions. Bob is available to help answer questions and concerns regarding living well with Alzheimer's and Dementia.



**BOWLING LEAGUE**  
 Calendar House Fall Bowling Leagues will begin the first week of September at Apple Valley Bowl, 1304 S. Main Street in Plantsville. Bowled in the past? Never bowled before? Currently bowl? — come join us! Men & Women welcome, the more the merrier! Leagues play Tuesdays at 1pm; Thursdays at 1pm; or Wednesdays at 9:30am. No need to register, just come to the Bowling Alley! Hope to see you there!



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## Hawaiian Shirt Night

“Aloha!” We’re busy planning our fifth annual Hawaiian Shirt Night on Wednesday, August 21st beginning at 5:30 pm. Put on your wildest, most colorful Hawaiian shirt, blouse or dress or come as you please! Enjoy a Hawaiian feast at Hawk’s Landing! Menu: Summer Salad; Rolls & Butter; Teriyaki Chicken Skewers; Beef Skewers; Pineapple & Cherry Skewers; Hawaiian Rice; Ham with Pineapple Sauce; Grilled Vegetables; Dessert; Coffee, Tea, Soda, Water; Cash Bar. DJ Butch Gray will provide music for your listening and dancing pleasure! The \$19 tickets are on sale in the office beginning Monday, July 22nd through Thursday, August 15th or until sold out. Dial-A-Ride transportation service available upon request. “Mahalo!”



## Mark Your Calendar

- Aug. 19: Fall Computer Class Registration
- Aug. 21: Hawaiian Shirt Night @ Hawk’s
- Aug. 28: Granny Squares CANCELED
- Sept. 2: CENTER CLOSED Labor Day
- Sept. 3: Bowling League Begins
- Sept. 9: Art Class Registration Begins
- Sept. 13: Art Class Registration Closes
- Sept. 18: Coffee ‘N Dessert
- Sept. 23: Fall Classes Begin
- Sept. 25: Coffee ‘N Dessert

## Fall 2019 Computer/Tablet/Phone Classes



**Registration Date - 10:00 AM Monday 19th August 2019**

*After the main registration date, registration for any remaining class seats will also be accepted in the Computer Lab between 9:00 and 11:00 on Monday mornings or between 1:00 and 3:00 on Wednesday afternoons until the start date of the applicable class.*

**Windows 10 Computing Fundamentals** - Tuesdays at 1 PM from 10 Sep 2019 to 15 Oct 2019 - \$25

Become comfortable with all you need to know to use a Windows 10 computer to search the internet, communicate by E-Mail and manage photos, files and folders. This class will start with the basics of Windows 10 computer use, show you how computer files and folders can connect to your tablets and phones, and open up the world of the big wide web.

**Basic Digital Photography/Picasa** - Thursdays at 9 AM from 12 Sep 2019 to 10 Oct 2019 - \$25

This five week course will cover how a camera works, selection of a digital camera, photo composition, and photo processing using Google's photo editing tool (Picasa, which is free). It will also teach you how to save and edit your smart phone pictures on your PC. It requires that the participant be familiar with the computer and the internet.

**iPad and iPhone Basics** - Mondays at 10 AM from 9 Sep 2019 to 28 Oct 2019 - \$25

This workshop will cover the basics of using your iPad/iPhone, keeping the system up to date, purchasing 'Apps', using the camera, emailing to friends, using calendar functions, surfing the internet, and fiddling with all the features that this truly magical machine brings to your computing world. **You must own or borrow an iPad/iPhone and bring the device with the charger and cable to the class.**

**Android Phone Basics** - Wednesdays at 10 AM from 11 Sep 2019 to 16 Oct 2019 - \$25

In this 6-week course, you will discover what your Android Smartphone is capable of doing! Learn how to comfortably phone & text people, use your email, browse the internet, take pictures & videos, download & use popular applications, play music, manage your appointments, use GPS for driving instructions, and more. Join us on this adventure, and become more confident using your android smartphone! **You must bring an android phone, the charger and cables to class AND to Registration. Please note that this class does NOT cover the Apple iPhone.**

**One-on-One Training** - Private, Individual, One-on-One training is available for any technical topic including Kindle Fire, Android Phone, Web mail, Internet, Files & folders, at times and dates agreed with the appropriate instructor for \$10 per session.

### Additional Help

Free help on any technical topic is available on a first come - first served basis during the Lab periods on Mondays between 9:00 and 11:00, and Wednesdays between 1:00 and 3:00.





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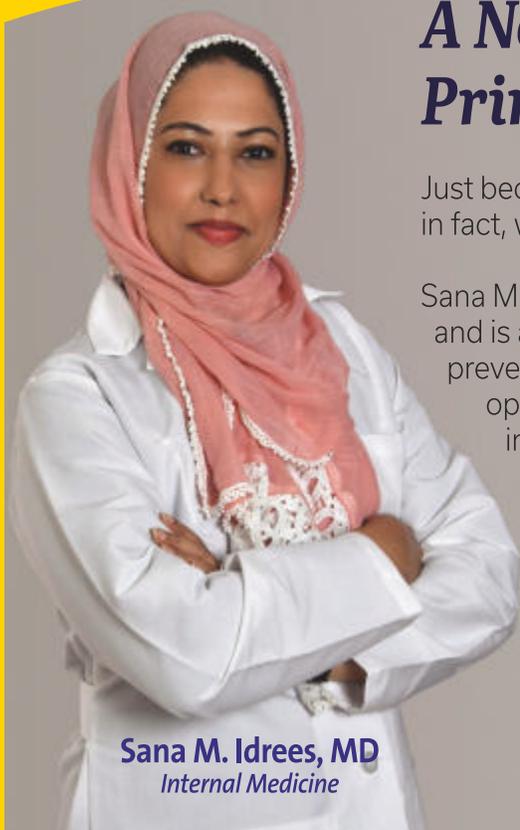
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**PLEASE NOTE:** Trips depart from Calendar House. (please park in right side corner of parking lot. TRIP DESK (located in lounge) open Mondays (12 -2) & Wednesdays (10-12). **BOOK EARLY:** Trips are selling fast!  
**Payment required at Trip Desk to reserve your seat!**



- Mon/Aug 12: TOGETHER AGAIN, Aqua Turf \$76.pp \*
- Tue/Aug 13: DANCE & ROMANCE, Aqua Turf \$42.pp \*
- Aug 26-28: CANADA'S NIAGARA FALLS, \$675.pp/dble
- Tues/Sept 3: BLOSSOMS & BUTTERFLIES—Yankee Candle & Bridge of Flowers \$110.pp
- Sat/Sept 14: RHINEBECK AIR SHOW—Museum Tour & Dinner \$105.pp
- Tues/Sept 17: COME FLY WITH ME, Aqua Turf \$43.pp \*
- Wed/Sept 18: THE BIG E CT DAY, \$55.pp
- Tues/Oct 1: VINE to WINE in VERMONT \$101.pp
- Tues/Oct 15: POLKA!, Aqua Turf \$42.pp \*
- Wed/Oct 16: DELAWARE & ULSTER RAILWAY, Catskills \$109.pp
- Oct 23-25: DOVER DOWNS CASINO, Delaware \$321.pp/dble
- Thurs/Nov 7: TASTE OF ITALIAN, New York, \$98.pp
- Tues/Nov 12: CROONING THE CLASSICS, Aqua Turf \$42.pp \*
- Thurs/Nov 21: RADIO CITY CHRISTMAS SPECTACULAR, NYC, \$210.pp
- Tues/Dec 3: LIVE FROM NASHVILLE — Westchester Theatre, \$110.pp
- Tues/Dec 10: HOLIDAY WINTER WISHES, Aqua Turf \$42.pp \*
- Tues/Dec 12: GLEN MILLER, Aqua Turf \$78.pp \*
- Dec 30-Jan 3: TOURNAMENT OF ROSES PARADE, SouthernCA, \$2,799.pp/dble
- May 13-22, **2020**: COLORS OF JAPAN, \$5,800.pp/dble—\$6,600./single
- June 16-18, **2020**: LANCASTER—"Queen Esther" at Sight & Sound \$565.pp/dble
- Tues/July 14, **2020**: THIMBLE ISLAND CRUISE, Stony Creek, CT, \$85.pp
- Sept 9-16, **2020**: BAVARIA & AUSTRIA "Featuring Oberammergau" — \$3,339.pp/dble

**\*Aqua Turf events: 'Drive on your own'**

## LOCATION & STAFF

388 Pleasant St.  
 Southington, CT 06489  
 Phone: 860-621-3014

**In case of INCLEMENT WEATHER, all delays and/or closings will be posted under the name CALENDAR HOUSE on WTIC (1080AM), WFSB Channel 3 and on the www.WFSB website.**

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**FOR MORE TRIP INFO: STOP BY THE TRIP DESK & PICK UP A FLYER or visit [www.calendarhouse.org](http://www.calendarhouse.org) and select the "Trips" tab.**

## HIGHLIGHTED TRIPS...

### BAVARIA & AUSTRIA

September 9 -16, 2020

**\$3,339. pp/dble \* \$3,885. pp/single**

Delve beneath the surface of two incredible countries—Germany and Austria. Enjoy Bavarian hospitality in Munich. Be mesmerized by the Passion Play in Oberammergau. Experience it **ALL** from 4-star accommodations, grand palaces, great German cuisine and beautiful scenery!



**LIVE FROM NASHVILLE  
 A MERRY COUNTRY CHRISTMAS**  
 Westchester Broadway Theatre

Tuesday, December 3, 2019 — \$110.pp

Head to the Westchester Theatre and enjoy a full lunch including dessert at your table from an extensive menu. After lunch remain at your table and spend the afternoon watching "A Merry Country Christmas." Enjoy all of your favorite Christmas songs presented in authentic Nashville country style! Songs of fun, faith and hope are presented by the finest musicians and singers, steeped in the traditions of America's genre...Country! Don't miss this toe-tapping show!



**THE COLORS OF JAPAN**  
 May 13-22, 2020

**\$5,800 pp/dble \* \$6,600 single**

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